



Jr. Commission

For Immediate Release
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**For Girls by Girls--Young Women Leadership
Junior Commission on the Status of Women--First Annual "FREE" Summit
for High School Girls**

Oakland CA - The Alameda County Commission on the Status of Women will sponsor its first Annual Teen Summit of High School Girls, hosted by the Junior Commission on the Status of Women, Saturday, September 29, 2012-- at Youth Uprising, 8711 MacArthur Boulevard, Oakland, CA 94605, from 10:00 a.m. to 3:00 p.m.

The Junior Commission on the Status of Women is comprised of high school girls throughout Alameda County in grades 9-12. Junior Commissioners, who are appointed by supervisors in their respective districts, engage in civic projects and educational dialogue that advance issues relevant to all girls.

The Summit was conceived, organized, and planned by Junior Commissioners for the purpose of informing and educating teen girls on some of the most pressing social issues encountered in their school community, personal relationships, social network, and family structures. Skilled peer counselors and licensed professionals will facilitate workshops on **Stress and Mental Health, Career and College Preparation, and Teen Dating Abuse.**

Alekya Rajanala, Junior Commission Chair and Mission San Jose High School Senior, has been a commissioner for 3 years. When asked what she hopes attendees will take away from the Summit, she responds, "I hope that girls who invest the time and attend the Summit will leave knowing that they are not alone in their struggles and the issues they face. I want them to know that teen girls throughout Alameda County are struggling with the same issues regardless of their socio-economic circumstances. At the end of the day we are all searching for answers to the same questions."

Newly appointed Commissioner Amber Soublet adds, "I hope the information provided in the workshops will spark something in a girl that will give her the courage to get out of an abusive relationship or to take the first step in preparing for college. We hope that it will be a rewarding experience for all who attend and an opportunity to be educated and gain a better understanding of these issues when confronted with them."

Summit admission and lunch are **FREE**. All Summit participants will receive a free Junior Commission tote bag filled with surprises. **FREE** door prizes including H&M gift cards, gift certificates to California Pizza Kitchen, handmade jewelry and much more will be given out, while quantities last.

To RSVP go to acjuniorcommission@gmail.com

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