



Great Plates Delivered

FREE home delivery of nutritious meals is available to residents of Alameda County (EXCEPT Oakland residents – The City of Oakland has its own dedicated program). Participants must meet the following requirements:

- Ages 65+ or 60-64 at high risk for COVID-19, who are:
 - Unable to shop and prep meals independently (due to physical isolation),
 - Living alone or with another eligible person,
 - Not already participating in nutrition programs,
 - And whose annual household income is within this range:

Household size	Minimum **	Maximum
1 person	\$24,980	\$74,940
2 person	\$33,821	\$101,460

** Households with less than the minimum annual income are not eligible for the program but may be eligible for CalFresh/SNAP Benefits and Older American Act Home Delivered and Congregate Meals.



For Alameda County residents (EXCEPT Oakland):

ALAMEDA COUNTY
Great Plates Delivered

Apply online (preferred method):

<https://acgreatplates.acgov.org>

Voicemail: (925) 803-7943

E-mail: ACGreatPlates@acgov.org

For Oakland residents:

OAKLAND Great Plates Delivered

Apply online: <https://www.oaklandca.gov/resources/great-plates-delivered-city-of-oakland>

Voicemail: (510) 238-FOOD (3663)

E-mail: GreatPlates@oaklandca.gov

