AGENDA
Planning Committee
Wednesday, October 21, 2015
1:30 – 4:00 pm
6955 Foothill Blvd. Suite 300
Oakland, California 94605
Big Sur

Public participation at Committee meetings is encouraged. We request that individuals limit their comments on any single item on the agenda to three minutes. The chosen spokesperson for a group may speak for five minutes.

1. Call to Order/Welcome 1:30

2. Consent Calendar –
   • Approve Minutes 1:30 – 1:35

3. Public Comment for items not on the Agenda 1:35 – 1:40

4. AAA Director’s Report 1:40 – 1:45

5. Consumer Survey October Update: John Garvey 1:45-2:15

6. Listening Session: Measure A
   James Nguyen, Alameda County HCSA Measure A Coordinator 2:15 – 2:45

7. Presentations: Coordinating Solutions for Optimal Living 2:45 – 3:15
   Maricela Narvaez-Foster, Director
   Alameda County Healthy Homes Department

   Linda Gardner, Director
   Alameda County Housing & Community Development Department

8. Report from Data Committee 3:15 – 3:25


10. Next Steps 3:55 – 4:00
    • Next Meeting: December 16, 2015
MINUTES
Planning Committee
Wednesday, September 16, 2015
1:30 – 4:00 pm
6955 Foothill Blvd. Suite 300
Oakland, California

Staff: Delbert Walker, John Garvey, Jose Villaflor

Committee Members: Donna Murphey-Chair, Wendy Petersen, Maricela Foster, Ruben Briones, Jamie Almanza, Lillian Schaechner, Carol Sugimura, Marlene Petersen, Angela Ball, Phil Altman, Karen Grimsich, Suzanne Shenfil, Tighe Boyle, Lara Calvert, Sister Ansar El Muhammad, Coco Ramirez, Irene Yen

Community: Thomas Gregory, Margie Cochran, Tara Stafford

I. Consent Calendar

Motion to accept Minutes
(M) Lara Calvert
(S) Maricela Foster
Carried

II. Public Comment for Items not on Agenda: No comments

III. Presentation: Client-Directed Service: The Importance Many Seniors Place on Consumer Choice in the Delivery of Services
Guest Speakers: Thomas Gregory, Deputy Director, Margie Cochran, Residential Access Coordinator, Center for Independent Living (CIL)

Director Thomas Gregory informed the committee of CIL’s history and current status as a 501c3. Four (4) Federal Core Services, The Ready 4 include: Information and Assistance, Peer Counseling, Independent Skills, Transitions-Out of Institutions, and Diversion-Youth from School to Employment.

Since 2013 CIL has worked in collaboration with the AAA and Community Resources for Independent Living (CRIL) as part of the ADRC Initiative. Fiscal Year 2013 service numbers were presented based upon geographical service parameters. One-third (1/3) of all CIL clients are seniors which drives the need for CIL’s senior focused programs. The City of Berkeley has provided workshops with themes such as fitness and nutrition.

Thomas spoke on Person-Centered Planning, defined by incorporating the individual into the service delivery model. The individual is the expert on their own care. The plan must have the “buy in” of the individual.

Residential Access Coordinator Margie Cochran provided a general overview of the Residential Access Program, which is a free program for City of Berkeley residents and fee-for-service program for home owners in the East Bay. The program assists seniors with mobility and access around the home. Two (2) examples of senior care and assessment were provided. The first conversation with the senior is crucial.
She instructs her clients, "don't clean up the house prior to a visit", it is not necessary. One must talk slow, move slow, be real and authentic when dealing with clients. It is important to engage the clients directly, make it a step by step process, and take client’s lead to make the situation work.

Margie talked briefly of how technology and robots could work for health care providers. Potentially, robots could assist and free up valuable time for the health care provider to do another task for the client.

IV. Consumer Survey
John Garvey, SSA Management Analyst, updated the committee on survey results as of 9/3/15. There were in increases in both the survey numbers and outreach activities, although the results are similar to past updates. Outreach effort numbers were also updated. Approximately 500 surveys still need to be entered. The committee would like to use the results of the surveys submitted to date as a guide to direct future outreach efforts and target future outreach populations.

Committee members offered to sort 500 surveys by language and input the responses to assist AAA Plan. City of Fremont agreed to enter the Chinese and Farsi language survey responses; they have Interpreters who can translate the narrative responses. USOAC agreed to assist in data entry of survey responses after the conclusion of the 12th Annual Healthy Living Festival.

The Healthy Living Festival will offer multiple stations to facilitate electronic and hard copy completion and submission of the survey.

V. Data: Report from Data Committee
Delbert reported on the Data Committee meeting of September 11. Unfortunately, scheduling limited the number of members who could attend; nevertheless, the members who were available further clarified the process for producing the draft report for the October 21 Planning Committee meeting. The goal is to present data that tells the story of need within the overall framework of the 8 Domains of Livability.

Data Domain Report Protocols:

1. Include 3 to 5 strong data points that illustrate the story of need under that Domain.
2. Include areas where gaps in data exist or statistics are difficult to access, such as Volunteerism (Civic Participation) among Older Adults.
3. Include a 1 to 2 paragraph narrative story.

Data Domain Report Timeline:

10/5/15 - Data Domain Reports due to Delbert by email
10/7/15 - Data Sub-Committee Meeting including Draft Report Review/Approval
10/21/15 - Data Sub-Committee Draft Report presented to Planning Committee
VI. **Focus Groups**  
Discussion included using Focus Groups to access places where survey numbers are lower than desired. The Focus Group Sub-Committee needs to begin meeting. The committee requested an invitation to participate on the Focus Group Sub-Committee be extended to all members of the Planning Committee instead of moving forward with only those members who responded positively in the past. There was also discussion on Measure AA. Suzanne Shenfil suggested that the City of Fremont’s Train the Trainer Model might work well for the Focus Groups.

VII. **LTC Residents Needs Assessment Survey**  
The committee reviewed and discussed the LTC Survey template provided by California Department on Aging. Several issues were raised regarding the purpose, content, and format of the LTC Survey. The expressed consensus was to use the existing survey for the LTC population rather than trying to create a completely new survey. If an additional survey is mandated, the committee suggested reconvening the Survey Sub-Committee to address the matter.

VIII. **Next Steps**  
Next Meeting Date: October 21, 2015 from 1:30 – 4 pm  
Next Meeting topic: Housing

Motion to Adjourn:  
(M) Wendy Petersen  
(S) Sister Ansar El Muhammed  
All Approved
ALAMEDA COUNTY SURVEY FOR OLDER ADULTS
As of October 12th Update

HOW ARE THEY COMING TO THE SURVEY?
- One-third of responses (301) from senior centers
- 15 percent of responses (462) from e-mail
- 10 percent of responses (303) from non-profit centers
Nearly one-quarter specified other.

Great representation from across County.

Proportionate Sampling by Place

<table>
<thead>
<tr>
<th>Population Estimate</th>
<th>Survey Responses</th>
<th>% of Survey Respondents</th>
<th>% of County</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALAMEDA</td>
<td>14,509</td>
<td>253</td>
<td>8%</td>
</tr>
<tr>
<td>BRANCHLY</td>
<td>20,810</td>
<td>383</td>
<td>14%</td>
</tr>
<tr>
<td>CASTRO VALLEY</td>
<td>12,588</td>
<td>147</td>
<td>5%</td>
</tr>
<tr>
<td>FARMINGTON</td>
<td>31,254</td>
<td>509</td>
<td>18%</td>
</tr>
<tr>
<td>MANICHO</td>
<td>22,597</td>
<td>211</td>
<td>8%</td>
</tr>
<tr>
<td>LIVERMORE</td>
<td>13,681</td>
<td>77</td>
<td>3%</td>
</tr>
<tr>
<td>GALT</td>
<td>67,469</td>
<td>553</td>
<td>20%</td>
</tr>
<tr>
<td>LAKE HAVEN</td>
<td>11,911</td>
<td>133</td>
<td>5%</td>
</tr>
<tr>
<td>SAN LEANDRO</td>
<td>17,403</td>
<td>171</td>
<td>6%</td>
</tr>
<tr>
<td>UNION CITY</td>
<td>12,712</td>
<td>122</td>
<td>4%</td>
</tr>
<tr>
<td>COUNTY TOTAL SURVEY TOTAL</td>
<td>2,878</td>
<td>3%</td>
<td></td>
</tr>
</tbody>
</table>

*2013 5-year American Community Survey (basic block)

Race and Ethnicity of Respondents

<table>
<thead>
<tr>
<th>Race and Ethnicity of Respondents</th>
<th>Alameda County</th>
<th>Survey Respondents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total population</td>
<td>12,549</td>
<td>2,878</td>
</tr>
<tr>
<td>White, non-Hispanic</td>
<td>74.1%</td>
<td>71.9%</td>
</tr>
<tr>
<td>Asian</td>
<td>9.9%</td>
<td>7.7%</td>
</tr>
<tr>
<td>American Indian and Alaska Native</td>
<td>1.0%</td>
<td>0.8%</td>
</tr>
<tr>
<td>Native Hawaiian and Other Pacific Islanders</td>
<td>0.0%</td>
<td>0.0%</td>
</tr>
<tr>
<td>Some other races</td>
<td>9.0%</td>
<td>8.5%</td>
</tr>
<tr>
<td>Two or more races</td>
<td>1.8%</td>
<td>1.8%</td>
</tr>
<tr>
<td>Hispanic</td>
<td>12.0%</td>
<td>11.7%</td>
</tr>
</tbody>
</table>

30% of respondents were male.

44% age 60 and over are males in Alameda County.
Resources and services

Top five reported gaps in resources or services

1. Affordable housing
2. Transportation for people over 50
3. Access to computers, internet, technology
4. Housing that’s suitable to your needs
5. Cultural activities you participate in, like community decision making, political events, meetings, town hall meetings

Top five reported available resources or services

1. Places for children and families
2. Places for older people
3. Cultural activities you participate in, like community decision making, political events, meetings, town hall meetings
4. Information about health care or accessibility to health care
5. Information about the availability of public transportation

Most reported concerns

Least reported concerns

Concerns about the future

Next steps....

Dig deeper into open ended question about concerns
Continue to look for sub-group specific issues
Continue to look for relationships between issues
ACHHD's mission has evolved to advance an integrated approach to safe and healthy housing through the provision of innovative, multidisciplinary health and housing programs.

ACHHD's collaborative service model features the following elements:

- Health Services
  - Information Line
  - Community Engagement
  - Case Management for Lead Exposed Children
  - Medical Provider Technical Assistance
- Mitigating Risk Factors Inside the Home
  - Assessments
  - Consultations & Technical Assistance
  - Environmental Investigations
  - Lead Hazard Remediation
  - Training (Lead Safe Work, Pest Management, Healthy Housing)
  - Minor Home Repair & Housing Rehabilitation
  - Compliance with Health & Housing Regulations
Strategic Priority: Older Adults

Multigenerational Focus

Young children and older adults spend a majority of time in their home

Affordable Housing

Homeowners on fixed income
Affordable Senior Housing
Transitional Housing
Board & Care/Assisted Living
Renters
FOR MORE INFORMATION ABOUT ACHHD

Contact:
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URL: http://www.achhd.org