I. **Consent Calendar**

Motion to accept Minutes as amended to correct a typo that listed the City of Fremont twice.

(M) Carol Sugimura  
(S) Wendy Petersen  
Carried

II. **Public Comment for Items not on Agenda:** No comments

III. **Guest Speaker : Behavioral Health Care’s Older Adult System of Care**  
** (Lillian Schaechner, Older Adult System of Care Director)**

Lillian Schaechner presented the Alameda County Behavioral Health Care Services Agency’s Older Adult System of Care (presentation attached)

There followed a discussion regarding impediments to accessing seniors for behavioral health. The group identified numerous factors including stigma related to mental health, lack of comfort regarding having conversations with family members, and the complexity of determining causation when older adults don’t feel well. There was a brief discussion of the three D’s – Delirium, Dementia, and Depression and of the need for tools to determine mental health, like the Mental Health First Aid approach. The group discussed the need to have systems improvements, including funding, that would allow more seniors to receive behavioral health care services. The group identified the need for increased outreach, understanding, and expanded services, such as Behavioral Health’s Mental Health Train the Trainer Program. All require more funding.

IV. **Consumer Survey**

John presented an August update from his monitoring of survey response progress. When he created his report, more than 800 people responded.
Although the response to the initial electronic distribution and early print distribution is positive, the committee identified the need to continue to reach out to seniors through other avenues. Suggestions such as offering incentives for completing the survey and AAA reaching out to funded CBO’s were advanced. The Healthy Living Festival will include a station for completion of surveys, online and hardcopy. Faith-Based possibilities include Kinship Center, Dioceses, and Ministerial Alliances among others. Tracy will send a link to committee members that enable track to determine responses from faith-based efforts. Lara Calvert and the City of Fremont both reported that they will forward to coalitions that they will work with. John will prepare a report for the September meeting that identifies other groups to whom we should increase outreach.

V. **Data: Report from Data Committee**
Delbert reported on the Data Committee meeting of August 19 including the most recently updated data research resources. The committee members agreed to focus their specific research according to interest and expertise in conjunction with one of the 8 Domains of Livability, such as Housing, Civic Participation/Employment/Poverty, and Community Support/Health Services among others.

The first report of the Data Committee is due to the Planning Committee by the end of October.

VI. **Focus Groups**
Delbert explained 2011 Consumer and Key Informant Focus Group materials to provide background on the process used in development of the 2012 – 2016 Area Plan. Consumer Focus Groups included Consumers of Older Adult services while Key Informant Focus Groups included Providers of Older Adult Services.

Suzanne Shenfil suggested that the City of Fremont’s Train the Trainer Model might work well for the Focus Groups.

The Focus Groups Committee will need to begin meeting to establish the Design and Implementation aspects of the upcoming Focus Groups.

VII. **Next Steps**
Next Meeting Date: September 16, 2015 from 1:30 – 4 pm
Next Meeting topic: Housing

Motion to adjourn: Jamie Almanza
Second: Angela Ball
All Approved