MINUTES
Planning Committee
Wednesday, July 15, 2015
1:30 – 4 pm
6955 Foothill Blvd. Suite 300
Oakland, California

Staff: Delbert Walker, Tracy Murray, John Garvey, Mary Louise Zernicke

Committee Members: Donna Murphy-Committee Chair, Wendy Petersen, Ruben Briones, Maricela Foster, Jamie Almanza, Lillian Schaechner, Carol Sugimura, Marlene Petersen, Angela Ball, Sylvia Stadmire, Helen Lim, Eileen Ng

I. Consent Calendar

Motion to accept Minutes
(M) Sylvia Stadmire
(S) Maricela Foster
Carried

II. Public Comment for Items not on Agenda: No comments

III. Guest Speaker: Health Status Report on Older Adults in Alameda County (Angela Ball, Director, Public Health Nursing)

Angela Ball presented a Health Status Report on Older Adults in Alameda County and provided hardcopy of the presentation in Powerpoint. She agreed to confirm whether patient discharge info could be accessed for our purposes or not. The Public Health data is gathered from those 65 and over while consumer survey data includes age 55 and older. The concerns disclosed by Angela agreed to consult with Miriam Rabinovitz and the CAPE Unit to provide more information about falls.

Angela identified two critical issues to improve the lives of seniors. 1) A Transition Plan and Transition Coordinator to assist when seniors are discharged from the hospital. Upon discharge, the seniors are not getting proper follow-up care, and it is much worse when the senior is alone. Seniors being discharged do not know of available services and need Transition Coordinators to assist by going to the home and helping them through the transition back to life at home. Providers also need to go to hospitals and make themselves known and the services they provide so the Discharge Planners become are aware of their agency and services. 2) Seniors who receive meals on wheels with no other form of formal support when they actually need several other services.

Maricela also identified two critical issues to improve the lives of seniors. 1) Isolation. A large number of seniors face social isolation affecting their
mental and physical health. 2) Lack of Medication Coordination, which is causing falls and hospitalization in some cases. Clinics are also overburdened and have no adequate follow-up to medication coordination issue. Maricela also expressed concern over the lack of advocacy for seniors with mobility problems who are renting.

Tracy summarized the issues as isolation creating the need for short term care & medication coordination.

IV. Consumer Survey

John Garvey presented results from his monthly monitoring of progress, reporting that the minimum acceptable sample size of 384 has been achieved, the response rate is increasing, and Monday is the peak day for online responses. He expressed concern over the lack of responses from the Faith-Based community and suggested that it might be possible to address the issue through outreach. John reported that responses from older people are increasing; Race/Ethnicity responses tend to vary with people refusing to answer some questions. The responses from Whites far outnumber responses from Blacks and the Hispanic/Latino Seniors are counted as Hispanic/Latino and also under specific races. There are a high number of respondents with income because a larger number are younger, still working, and have a higher income and level of independence. A significant number indicate caregiving for someone else. It is possible that they are responding for the household in some cases and not offering a strictly individual response. Current concerns tend to focus on Income and Affordability, while future concerns center around Quality of Life, Affordability, and Health Concerns. Gaps appear to exist in access to Job Opportunities and Affordable Housing.

Survey complaint feedback and improvement options were discussed. Tracy confirmed that we have already had a much stronger survey response than in the past and that all answered questions will be included even if the survey was not completed in its entirety. John agreed to provide snapshots by city in the future.

V. Data

Eight Domains: Tracy’s report on the Eight Domains of Livability included her excitement over the initial interest level expressed by the Health Care Services Agency. Eight Domains provides an over-arching framework for additional policy work in these areas. We need to determine how to use it to frame our strategy for the future. Public Health views it similar to the Place Matters work which is currently happening Alameda County. It is very encouraging to have Public Health embrace the idea that originated in this committee and helped influence the survey. There was also discussion of the City of Portland’s incorporation of Age Awareness into the city’s planning effort.
Data Sets – Report from Data Committee: Delbert expounded upon the 2012 – 2016 Area Plan Data Tables document and reported on the Data Sub-Committee meeting of July 9. The committee wants to use data to frame the need and will use the results of the survey to this end. There was discussion around the data gathered by the CAPE unit, that it appeared to involve more isolated and less active seniors. Wendy mentioned referencing the need narratively and in the data. The committee is looking at several data sets including AARP, Elder Economic Index, SCAN, and Leading Edge among others. Scott expressed interest in updating the number of new seniors every 5 years. A review of surveys from the Cities of Fremont, Oakland, and Fremont was recommended. Access to Medicare/Medi-Cal penetration data would be helpful and Janet Biblin might be of assistance.

VI. Next Steps
Next Meeting Date: Moved to August 26, 2015 from 1:30 – 4 pm
Next Meeting Speaker: Lillian Schaechner
Elsie Kusel, EMT-P, EMS Coordinator/Disaster Preparedness will be invited to present at the September meeting.

Motion to adjourn: Jamie Almanza
Second: Angela Ball
All Approved