



Information & Assistance **Roundtable Meeting**

Alameda County Area Agency on Aging
6955 Foothill Boulevard, Suite 143 (1st Floor), Oakland, CA 94605
510-577-3530 or 800-510-2020
www.alamedasocialservices.org

Friday, September 15, 2017
9:00am – 12:00pm, *Sobrante Park Room*****



Full Breakfast Sponsor: Alameda County Emergency Medical
Services/Senior Injury Prevention Division



Fall Prevention Awareness

- Topic:** "Fall Prevention and the Role of the AAA"
Speaker: Mary Louise Zernicke, MS MPH RDN CSG, Senior Nutritionist
Area Agency on Aging
- Topic:** "Proven to Keep You Healthy"
Speaker: Lara Calvert, Executive Director
Spectrum Community Services
- Break*
- Topic:** "Opioids and Seniors"
Speaker: Mary Ellen Taylor, MSPH, Health Communications Specialist
U.S. Food and Drug Administration

The Alameda County Area Agency on Aging facilitates the Information and Assistance Roundtable to provide information about programs and services for seniors and people with disabilities throughout Alameda County. Networking begins at 9:00 a.m. and introductions of all attendees are made at 9:30 a.m. Please feel free to bring your informational materials.