



## Information & Assistance **Roundtable Meeting**

**Alameda County Area Agency on Aging**  
6955 Foothill Boulevard, Suite 143 (1st Floor), Oakland, CA 94605  
510-577-3530 or 800-510-2020  
[www.alamedasocialservices.org](http://www.alamedasocialservices.org)

**Friday, September 21, 2018**  
**9:00am – 12:00pm**  
**Sobrante Park Conference Room**

**Topic: “LIFE ElderCare Services and Transportation”**

**Speaker: Patricia Osage, Executive Director**  
**LIFE ElderCare**

**Topic: “HEAP and Weatherization Programs”**

**Speaker: Thomas Dinh, Energy/Community Outreach Specialist**  
**Spectrum Community Services**

***Break***

**Topic: “Falling Safely”**

**Speaker: Maria Young, Senior Safety Coordinator**  
**City of Alameda Fire, Senior Safety Program**

The Alameda County Area Agency on Aging facilitates the Information and Assistance Roundtable to provide information about programs and services for seniors and people with disabilities throughout Alameda County. Networking begins at 9:00 a.m. and introductions of all attendees are made at 9:30 a.m. Please feel free to bring your informational materials. Donations to help underwrite the expense of refreshments are appreciated.