AGENDA

ADVISORY COMMISSION ON AGING
Monday, May 13, 2019
9:30am – 11:45am

Maxwell Park Conference Room
6955 Foothill Blvd. Suite 137
Oakland, California 94605

Public participation at Advisory Commission on Aging (ACA) meetings is encouraged. We request that individuals limit their comments on any single item on the agenda to three minutes. The chosen spokesperson for a group may speak for five minutes.

1. Call to Order 9:30 - 9:30

2. Consent Calendar 9:30 - 9:35
   a. Review of Agenda
   b. Approval of March 11, 2019 Minutes
   c. Approval of April 8, 2019 Minutes

3. Comments from the Public 9:35 – 9:40

4. Comments from ACA Chair Donna Ireland 9:40 – 9:50
   Remembering Bernie Nillo, ACA Commissioner, July 8, 2009 - July 1, 2017
   ACA Chairperson, October 13, 2014 - July 1, 2017

5. Cal Fresh Expansion, Mary L. Zernicke, AAA Senior Nutritionist 9:50 – 10:00

6. Older American’s Month 2019: Connect, Create, Contribute 10:00 – 10:15
   Lisa Ho, AAA Program Financial Specialist

   Delbert Walker, AAA Supervising Program Specialist/Senior Planner


9. Long-Term Care Ombudsman Program (LTCOP) Update 10:35 – 10:50
   William Fasanya, LTCOP Regional Coordinator

    a. Executive Committee
    b. Legislative Advocacy 10:55 - 11:00
    c. Public Relations/Senior Update 11:00 - 11:05
    d. Health & Safety 11:05 - 11:10
    e. 2021-2024 Countywide Area Plan Ad hoc Planning Committee 11:10 - 11:30

11. Oral Communications/Announcements 11:30 - 11:45
    a. Commissioners
    b. Staff
    c. Public
MINUTES

ADVISORY COMMISSION ON AGING
Monday, March 11, 2019
9:30am – 12:00pm

Commissioners Present: Donna Ireland-Chair, Sue Taylor, Christine Sevier, Dom Filardo, Sarah Kim-Lee, Miller, Pam Gumbs, Sue Taylor

Commissioners Absent (Excused): Royce Johnson, Helen Buckholz, Raj Paul Singh

Staff Present: Director Jennifer Stephens-Pierre, Delbert Walker, Mary Louise Zernicke, Ramil Rivera, Jose Villaflor, Diarra Piggué, William Fasanya, Lisa Ho, Maaza Michael

Guest:
Carol Powers – EMS/SIPP
Joanna Kim-Selby – Korean Senior Center
Sylvia Soublet – Director, Public Affairs & Community Relations
Robert Taylor – Senior Support Program of the Tri-Valley
Lorena Briseno – SSA OPEP
Coco Ramirez – The United Seniors of Oakland and Alameda County
Emma Ishi – Office of Board of Supervisor Carson
Karen Grimsich – Aging & Family Services at the City of Fremont
Joel Devalcourt – Covia

1. Call to Order

2. Consent Calendar
   a. Review of Agenda – Motion to approve the agenda as presented
      (M) D. Filardo
      (S) C. Sevier
      Carried
   b. Approval of Minutes – Motion to approve the minutes as presented
      (M) C. Sevier
      (S) D. Filardo
      Carried

3. Comments from the Public
   No comments.

4. Comments from ACA Chair Donna Ireland
   Chair Ireland recently attended an Alameda County Board of Supervisor (BOS) meeting to provide a presentation and to advocate to the BOS for prospective members for the Advisory Commission. She also had the opportunity to meet for the first time with Alameda County Social Services Agency Director, Lori Cox.
5. **Age-Friendly Council: Age-Friendly Application, Karen Grimsich**

Karen provided background on the Age-Friendly World Health Organization efforts which started in Geneva in 2007 to help cities with aging populations. In the USA, AARP is a partner. Currently there are 10 States making efforts to be Age-Friendly. In California, Los Angeles, San Diego, Santa Clara, San Francisco and Marin Counties are currently making efforts to achieve Age Friendly County designation. On February 25, 2019, a joint committee comprised of the Board of Supervisors, Social Services and Public Health Committee convened to encourage the full Board of Supervisors to join the Age-Friendly efforts. The process involves a five-year commitment that ties in with the 8 Domains of Livability. The first two years involve listening to the community and conducting a needs assessment. This is followed by an action plan such as making outdoor spaces accessible. The City of Fremont and City of Berkeley have already submitted applications to be Age-Friendly cities. The three overarching goals are to support looking at the 8 Domains of Livability, support cities to join, and to look across all the different work being done in the County.

6. **Nominations and Election for ACA Vice-Chair**

   a. Nominating Committee Nominations: Commissioner Taylor spoke on the process of contacting the commissioners for interest as Vice-Chair. Recommendations were presented to the Commissioners.

   b. Open Nominations: There were no nominations from the floor.

   c. Election of ACA Vice Chair: Majority of the Commissioners voted for Commissioner Miller as Vice-Chair.

7. **Presentation: Climate Change and Impacts on the Coast**

   **Presenters: Amy Hutzel, Deputy Executive Officer, State Coastal Conservancy**

   A power point presentation was given by Amy that outlined 1) Access to the Coast in California, 2) Climate Changes & Impacts, and 3) Living Shorelines in California. Emphasis was for accessing the coastal spaces and trails for all by designing walkways that are accessible, new signage and information that informs patrons of the facilities as well as trail information. The projects that the State Coastal Conservancy takes on focus on accessibility. Climate change was mentioned as an umbrella under which all of the other work of the State Coastal Conservancy falls. Amy’s department falls under the National Resource Agency (NRA).

8. **SSI Cash Out Update: Mary L. Zernicke, AAA Senior Nutritionist**

   A handout pertaining to the SSI Cash Out was provided during the meeting and will also be included in the Senior Update Newsletter in April. The “SSI Cash Out” is in the process of being renamed. Approximately 360,000 SSI/SSP recipients are potentially eligible in California; of which an estimated 50,000 are Alameda County residents. Of Alameda County SSI/SSP recipients, 70% are estimated to be older adults. A key message is that there will be no loss/reduction in CalFresh Benefits and no change in status in SSI if the recipient is living in a group household. June 2019 is the effective date, but applicants can start to apply in May 2019.

   Staff Zernicke also added that there is a proposal at the State level to increase the benefits for nutrition services through the Older Californians’ Act. This and the SSI Cash Out are critical as food insecurity in older adults has gone up over 40% in the last decade. This finding was confirmed from Customer Surveys that Meals on Wheels receive.
9. **2021-2024 Area Plan Update: Delbert Walker, AAA SPS/Senior Planner**

Area Agency on Aging (AAA) SPS/Senior Planner Walker provided a brief update of the AAA planning requirements and process as mandated by the Older Americans Act (OAA), California Department on Aging (CDA), and the Alameda County Board of Supervisors. SPS/Senior Planner Walker provided various statistics on "Why Aging Matters." This tied into the launch of the Community Assessment Phase of the Comprehensive Countywide Area Plan for Older Adults. This phase involves the Consumer Survey which was reviewed. Hard copies of the survey were provided during the meeting. The survey contained elements of the 8 Domains of Livability. The survey will be available online via Survey Monkey and in hard copy form. Both options will be available in different languages such as Spanish, Tagalog, Farsi, and simplified Chinese to name a few. Attendees of the meeting who are 55 years of age or older and are Alameda County residents were asked to complete the survey. Additional outreach will be conducted for isolated adults. The survey phase is currently open and goes through September 30, 2019. Feedback from the surveys will assist in developing the pending public forums and focus groups. Additional hard copies of the survey were made available for anyone who wishes to assist with the distribution of the Consumer Surveys.

AAA Director Stephens-Pierre added a request to the group to go to Alameda County SSA’s Facebook page and to like and share the AAA’s Countywide Area Plan Launch Announcement. She also asked the Commission members if they know anyone age 55 and older and are Alameda County residents, if they would ask those individuals to complete the survey. The intent is to make sure all Alameda County Older Adults have their voices heard.

10. **Director’s Report: Jennifer Stephens-Pierre, AAA Director**

a. Elder Abuse Awareness: The Aging Commission will partner with Adult Protective Services on Saturday, June 15, 2019 to bring Elder Abuse Awareness to the Alameda County Fair in Pleasanton. The location of the tent will be across from the offices of Supervisor Valle and Supervisor Miley. Supervisor Valle and Supervisor Miley will be asked to participate. The Consumer Survey will also be distributed at this event. AAA will be at the County Fair additionally on the opening day, Friday, June 14, 2019. Those who wish to volunteer for either days will receive parking and ticket for entry to the fair.

b. Older American’s Month: May is designated Older Americans Month. Discussion with the Commission on how to highlight this event is forthcoming.

c. SSA Ombudsman Coordinator, Denise McGowan, retired February 21, 2019. A replacement is in progress. On April 5, 2019, AAA will host an Ombudsman Appreciation event.

d. Social Isolation in the Area Plan: Efforts are in progress to address this targeted group and to address their issues and include their voices in the plan. Transportation issues were mentioned as a reason for isolation. Director Stephens-Pierre stated that in the next funding cycle, this would be looked into.

11. **Commission Subcommittee Reports**

a. Executive Committee

Chair Ireland stated the committee met and the discussion of the meeting was shared from Directors Report in Section 10 above. Chair Ireland shared that the Commissioners would be contacted for their availability for the Commission Retreat.
b. Legislative Advocacy:

Commissioner Gumbs shared that May 23, 2019 is Legislative Day in Sacramento.

c. Public Relations/Senior Update

Staff Villaflor provided dates and locations for the upcoming Fiscal Year 18-19 Commissioner Site Visits:

1. May 9, 2019, Hayward Senior Center, at 10:30am
2. August 20, 2019, Vietnamese American Community Center (Oakland), at 10:00am
3. November 5, 2019, Fremont Senior Center, at 10:00am

Next month the Senior Newsletter for April-June 2019 will be available.

d. Health & Safety

Commissioner Miller stated a meeting would be held after this meeting.

12. Oral Communications/Announcements

a. Commissioners

Vice-Chair Miller: Staff Villaflor contacted Commissioner Miller’s supervisor at the Fremont Library about hosting a public forum at that location.

Commissioner Taylor: On April 25, 2019, the annual Senior Wellness Fair will be held at the South Berkeley Senior Center. Commissioner Taylor conveyed on behalf of Commissioner Buckholz and Commissioner Johnson that they did not know who to contact regarding their absence from this morning’s meeting. Director Stephens-Pierre stated that she or SPS/Senior Planner Walker can be contacted. Commissioner Taylor ended with thanking the Commissioners for their commitment regarding filling the Vice-Chair seat.

Commissioner Filardo: He was invited to visit Casa Sandoval, a low-income facility of older adults in Hayward. This housing facility was a transportation sponsor at the last Healthy Aging Festival. Commissioner Filardo stated in the chance there is no chair or vice-chair present that he would step in to facilitate the Advisory Commissioner Meeting.

Chair Ireland: Provided two handouts on behalf of Wendy Peterson of Senior Services Coalition. The first handout was for advocacy at a hearing on SSI issues and the struggle to afford food and housing in Sacramento. There will be transportation available and are listed on the handout. The second handout involved advocacy to invest in Aging Services. The event will be on March 14, 20, and 27, 2019 in Sacramento to encourage Legislators to invest in Aging Services. Chair Ireland also shared that she would be at her local farmers market to provide information regarding the work of the Advisory Commission and to request older adults to complete the Consumer Survey.

b. Staff

Staff Piggue provided information of the next Round Table Meeting that will be on Friday, March 15, 2019 in Suite 143 (First Floor) in the Sobrante Park Conference Room from 9:00am – 12:00pm. The information provided will be about the Countywide Area Plan for Older Adults Provider’s Launch. A special catered breakfast will be served.
c. Public

Joanna Kim-Selby, East Bay Korean American Senior Center, shared information of an article from the Korean Times on the topic of suicide. A statistical report conducted by Michigan State reports Korean immigrant suicides are the highest compared to any other ethnic group. Joanna was not aware of this issue as she has operated the East Bay Korean Senior Center for the past 11 years. Joanna requested of AAA and the Commission to help with resources to help spread this issue via Korean media.

Carol Powers, Emergency Medical Services, provided a flier for the 19th Annual California Senior Injury Prevention Educational Forum on April 18, 2019, from 8:00am-4:00pm. The event will be held at the Ascension Cathedral, 4700 Lincoln Ave, Oakland. Registration is required. Carol emphasized the food should be pretty good.

Robert Taylor, Senior Support of the Tri-Valley, volunteered his agency for the Transportation Impact on Isolation work.

The next meeting of the Advisory Commission on Aging will be held on Monday, April 8, 2019 in the Maxwell Park Conference Room, 6955 Foothill Blvd. First Floor, Suite 137 Oakland, CA 94605.
MINUTES

ADVISORY COMMISSION ON AGING
Monday, April 8, 2019
9:30am – 12:00pm

Commissioners Present: Donna Ireland-Chair, John Miller-Vice-Chair, Sue Taylor, Dom Filardo, Sarah Kim-Lee, Pam Gumbs, Sue Taylor, Royce Johnson, Helen Buckholz, Eric Eisenberg

Commissioners Absent (Excused): Christine Sevier, Raj Paul Singh

Staff Present: Director Jennifer Stephens-Pierre, Delbert Walker, Mary Louise Zernicke, Ramil Rivera, Jose Villaflor, Diarra Piggué, William Fasanya, Lisa Ho, Maaza Michael

Guest:
Emily Sadigh – AC General Services Agency (GSA)
Sarah Church – AC General Services Agency (GSA)
Savannah Whaley – AC General Services Agency (GSA)
Erin Tou – AC General Services Agency (GSA)
Laura McMichael-Cady – Eden Area Village
Wendy Peterson – Senior Services Coalition
Joanna Kim-Selby – Korean Senior Center
Lorena Briseno – SSA Office of Policy, Evaluation & Planning (OPEP)

1. Call to Order

2. Consent Calendar

a. Review of Agenda
   (M) D. Filardo
   (S) H. Buckholz
   Carried

b. Approval of Minutes

   Approval of March 11, 2019 Minutes was deferred to the next Advisory Commission Meeting on May 13, 2019 to allow time for the Commissioners to review.

3. Comments from the Public

   No comments.

4. Comments from ACA Chair Donna Ireland

   Chair Ireland had a meeting with the AAA Director Stephens-Pierre. Refer to Section 9. Director’s Report on what was discussed. Chair Ireland requested two Commissioners to serve on the Ad Hoc Planning Committee. Commissioner Buckholz and Commissioner Johnson volunteered to participate.
5. **Welcome Commissioner Eric Eisenberg**

Commissioner Eisenberg retired four years ago from the corporate world and after retirement, he wanted to give back to the community and thus created BrightStar Care in Dublin. BrightStar Care provides various homecare services to older adults. His passion to give back to the community led him to his new role as an Alameda County Advisory Commissioner.

6. **Fiscal Year 19-20 Area Plan Update, Delbert Walker, AAA SPS/Senior Planner**

The information for Item #6 & Item # 7 will be combined due their similarities. The Area Plan as a requirement of the Older Americans Act encompasses a 4-year span. Within this span, an annual update of the plan is required. The plan update for Fiscal Year 19-20 is due May 1, 2019. A draft of this report was distributed at the meeting, in which SPS/Senior Planner Walker did a quick walkthrough of the report.

SPS/Senior Planner Walker requested the Commissioners for a motion to approve the AAA to move forward and submit the Fiscal Year 19-20 Annual Update Report by the May 1, 2019 deadline.

(M) R. Johnson  
(S) H. Buckholz  
Carried

7. **2021-2024 Area Plan Update: Delbert Walker, AAA SPS/Senior Planner**

Refer to Item #6.

8. **Climate Change and Older Adults: Alameda County Impacts/Opportunities**  
**Presenters: Emily Sadigh and Sarah Church, AC GSA Sustainability Office**

A PowerPoint presentation was displayed on the topic. Emily started off the presentation by giving a brief background of her department, General Services Agency (GSA). Both Emily and Sarah provided information that reflected the correlation of climate change and the impact on older adults, the projects in progress for addressing the increased heat and the wildfire smoke in the Alameda County, and additional resources that maybe available for older adults. The information provided also reflected alignment with key frameworks of Alameda County’s Board of Supervisor’s Vision 2026 and the Age-Friendly Communities criteria.

A copy of the presentation will be available in the May 2019 Advisory Packet, as well as by request.

9. **Director’s Report: Jennifer Stephens-Pierre, AAA Director**

a. **Countywide Area Plan for Older Adults**

Three launches were conducted for awareness: Media, Advisory Commission, and a Provider launch. Approximately 435 responses were received on Survey Money. The goal of total surveys received is 10,000, compared to 3,275 responses total were received from the previous launch.

b. **Meetings**
Director Stephens-Pierre attended the recent California Association of Area Agencies on Aging (C4A) Board Meeting in Sacramento and met with a few Assembly members. Assembly Member Aguiar spoke about the AB-1382 Master Plan for Aging. Wendy Peterson, Senior Services Coalition, added briefly regarding advocacy on the awareness of the budget needs for older adults and supportive services and stated funding for these types of services are just not funded well on the State level.

c. Budget

AAA, on the program level, has received the Fiscal Year 19-20 CDA funding allotment. Director Stephens-Pierre and AAA SPS/Senior Planner Walker will be meeting to discuss the budget displays.

d. Legislation Priorities

C4A Priority A Assembly Bills (AB) and Senate Bills (SB):

- AB-480, AB-797, AB-1136, AB-1137, AB-1287, AB-1382
- SB-228, SB-453, SB-611

The information on the Priority A Legislation will be sent to the Legislative Committee for their review and is available to anyone upon request.

e. Older American’s Month

Staff Ho will take the lead for this event. A cake with the Older American’s Month logo will be provided at the next Advisory Commission Meeting. Fliers of the event will be posted at staff areas for awareness of this event. Goodies and informational materials will be given to the Commissioners at next month’s meeting for acknowledge of Older American’s Month.

f. CalFresh Expansion

The title for the “SSI Cash Out” has been revised to the “CalFresh Expansion.” As mentioned in last month’s meeting, the AAA will receive additional funding for outreach from CDA. A budget display was provided to the AAA. The outreach process is still under development. The outreach launch is scheduled for July 1, 2019.

g. CSL Rally

A flier was distributed about the Senior Rally Day, which is scheduled on May 7, 2019, from 10:00am-3:00pm in Sacramento, to celebrate Older Americans Month and to demonstrate to the State that older adults count. This event is being sponsored by the Seniors Count Coalition.

10. Age-Friendly Council Update

Wendy Peterson, Senior Services Coalition, provided a brief update of the activities of the Age-Friendly Council, which included but not limited to the Age-Friendly Application to the Board of Supervisors and a meeting to address housing and homelessness in older adults.

11. Ombudsman Program Update

Newly appointed Ombudsman Coordinator/Adult Protective Services Supervisor, William Fasanya, provided a brief introduction and information about his future vision for the Social Services Agency Ombudsman Program.
12. **Commission Subcommittee Reports**

a. Executive Committee

Refer to Director's Report, Item #9.

b. Legislative Advocacy

Commissioner Gumbs spoke on the importance of mental health education. Alzheimer's disease is often confused for dementia and vice versa. There are people walking around not knowing who they are and not knowing what medications they are to be on. These people would go to a doctor and then are diagnosed with depression. Support and more information is needed. More signage and fliers about Alzheimer's and Dementia should be posted. Bills 1716, 388, AB480, should be supported as they are pertinent to the subject matter.

c. Public Relations/Senior Update

Staff Villaflor stated the current Senior Update Newsletter for April-June 2019 is now available and the next Commissioner Site Visit will be on May 9, 2019, at the Hayward Senior Center at 10:30am.

d. Health & Safety

No update was provided.

13. **Oral Communications/Announcements**

a. Commissioners

Vice-Chair Miller: Commissioner Miller met with Senator Bob Wieckowski (Senate District 10) at the San Leandro Library. The Commissioner shared information about the consumer survey for the 2021-2024 Countywide Area Plan for Older Adults. Senator Wieckowski offered to help spread the word of AC AAA's efforts. Commissioner Miller distributed 25-30 surveys and of date received two back. He provided feedback that he's seeing that language as a barrier for older adults to complete the survey. Commissioner Miller also thanked Commissioner Gumbs for mentoring one of his students that had been academically declining and due in part of Commissioner Gumbs efforts, the student's grades have improved.

Commissioner Kim-Lee: Commissioner Kim-Lee informed about another Social Security Scam that involves texts informing a client that their SSN has been suspended. Commissioner Kim-Lee stated that SSA will never call/text a client unless a client initiates or approves such communications, which can only be initiated by the client by signing up online at [https://www.ssa.gov/site/signin/en/](https://www.ssa.gov/site/signin/en/), and clicking onto “my Social Security” to create your account. Create an account to help prevent someone else from using your SSN to create a fraudulent account. Commissioner Kim-Lee provided examples when a SSN would be reissued, such as in a serious case of domestic violence. April is also My Social Security Month. A flier will be provided as requested by Director Stephens-Pierre.

Commissioner Filardo: Commissioner Filardo congratulated Will for his new appointment as OMSBUD Coordinator/Adult Protective Services Supervisor. Commissioner Filardo also stated he distributed surveys to his contact at the Union City Senior Center. The Fremont
Resource Center appointed a new Tri-City Coalition appointee and Commissioner Filardo will inquire about his availability to join in the May 2019 meeting.

Commissioner Buckholz: Commissioner Buckholz shared a trend of older adults in the Tri-Valley area relinquishing their prescribed medications for cannabis. Representatives for cannabis are visiting various senior housing sites to inform older adults of the purpose and benefits of cannabis. There is a doctor in San Ramon that oversees the program and provides lectures of the history, type, and breakdown of cannabis. Commissioner Gumbs added that education is needed as there is a difference between medical marijuana, cannabis, hemp and CBD that does not have psychoactive effects. Director Stephens-Pierre has requested that Commissioner Buckholz inquire if this doctor would attend as a speaker at a future Advisory Commission Meeting.

b. Staff

Staff Mary Louise: Provide information via George Tucker’s wife, that he had a stroke and is currently in a skilled nursing facility and that he is improving every day.

c. Public

Wendy Peterson, Senior Services Coalition, provided information that the City of Oakland is having their Older Americans Month Celebration on May 1, 2019, at the Frank Ogawa Plaza. The Mayor of Oakland will be present. Wendy also provided information that the Senior Services Coalition is working on getting a bus to attend a rally in Sacramento on May 17, 2019. Anyone interested in attending and are in need of transportation please contact Wendy.

Joanna Kim-Selby, East Bay Korean American Senior Center, shared that she has assisted in completing 40 consumer surveys as they are not available in Korean and that more should be on their way. Joanna stated that Contra Costa County has a senior resource guide and asked if Alameda County had a similar resource. Joanna also shared that her center has survived 9-months without AAA funding. Her building is rich, but cash poor and is pondering on her next move to continued viability. Director Stephens-Pierre responded to Joanna’s statement regarding the AC resource guide and requested staff Piggüe to send a copy to Joanna. Director Stephens-Pierre also thanked Joanna for her continued advocacy.

The next meeting of the Advisory Commission on Aging will be held on Monday, May 13, 2019 in the Maxwell Park Conference Room, 6955 Foothill Blvd. First Floor, Suite 137 Oakland, CA 94605.
AGENDA

ADVISORY COMMISSION ON AGING

Legislative Advocacy Committee (LAC)
Monday, May 13, 2019
IMMEDIATELY AFTER COMMISSION MEETING

1. Call to Order

2. Approval of Minutes

3. Legislative Bills
   a. CSL
   b. Office of Policy, Evaluation, and Planning Office (OPEP)
   c. Other proposed bills

4. Council for Age Friendly Communities Updates

5. Senior Services Coalition Update

6. Other Federal, State and Local Issues and Updates

7. Other agenda and next meeting agenda
MINUTES
ADVISORY COMMISSION ON AGING
Legislative Advocacy Committee (LAC)
Monday, April 8, 2019

Commissioners Present: Helen Buckholz, Committee Chair Dr. Pam Gumbs, Commission Chair Donna Ireland,

Members Present: Lorena Briseno

Staff Present: Lisa Ho and Mary Louise Zernicke

CSL Members Present: None

1. Called to Order: The meeting was called to order by Committee Chair Dr. Gumbs at 12:15 PM.

2. Approve the minutes of Legislative Advocacy Committee – March 11, 2019.
   Motion to approve the minutes.
   (M) Ireland
   (S) Buckholz
   Carried

3. Legislative Bills Discussion
   a. CSL proposed bills update
      -Discussion on CSL proposed bills was included in the report from OPEP.
      CSL representative George Tucker has been ill and currently in a rehab.
      CSL representative Sylvia Stadmire can not be present due to a family emergency.

      - The following are under the Social Service PAL request as of April 5, 2019
      *SB440-Cognitive Impairment Safety Net System Task force
      *AB220- In-Home Supportive Services: Written content translation

LAC April minutes 2019
*AB980-DM: records: confidentiality
*AB50-Medi-cal: Assisted Living Waiver Program
*Budget request- State Funding Augmentation for County PA/PG/PC
*Budget request- 2019-20 Aging Services Budget Request
*Budget request- APS and PA/PG/PC on-going state funding for staff training
*Budget request- IHSS MOE Budget Request

-SB280 falls Prevention
Lorena will include this in our next meeting.

-The following C4A proposed legislations are also being tracked by OPEP:
AB480, AB497, AB1136, AB1137, AB1287, AB1382, SB228, SB453, SB611

-This subcommittee confirmed that Lorena can include LAC and Alameda Commission on Aging as supporters of any on-going proposed legislation as long as the ideas are in synch with the top five priorities established by this subcommittees.

C. Other proposed bills AB229, AB341 and AB944 were discussed.

4. Council for Age-Friendly Communities Updates by Joel Ginsberg
No new updates

5. Senior Services Coalition Updates by Wendy Peterson, Director
No new updates

6. Other Federal, State and Local Issues and Updates
Cal-Fresh will begin enrolling June 1st but one can apply in May.
A rumor that a legislative proposal is coming that would prevent folks the need to pay back if there is an overpayment as a result of this transition to Cal-Fresh.

Meeting was adjourned at 1:15 pm

The next meeting of the Legislative Advocacy Committee will be held on Monday, May 13, 2019 immediately after the Commission Meeting in the Maxwell Park Conference Room, 6955 Foothill Blvd. First Floor, Suite 137 Oakland, CA 94605.

LAC April minutes 2019
AGENDA

ADVISORY COMMISSION ON AGING

HEALTH & SAFETY COMMITTEE
Monday, May 13, 2019
IMMEDIATELY AFTER COMMISSION MEETING

1. Call to order.

2. Roll Call (Sign in sheet)

3. Consent Calendar
   A. Review of Agenda
   B. Approval of Minutes

4. Update on “Whistle Project”

5. Other

Adjournment
Climate Change and Older Adults: Alameda County Impacts and Opportunities

Sarah Church and Emily Sadigh, Sustainability Project Managers
Alameda County GSA.

Overview
- Who we are
- Climate change and older adults
- Projects
  - Responding to increased heat
  - Responding to wildfire smoke
- Additional resources
- Questions?

Office of Sustainability

Alameda County Sustainability Local Action, Global Impact

Alameda County Context
- 1.6 million residents

Climate Change and Health Profile Report
Alameda County

https://www.cdph.ca.gov/Programs/OEH/CDPH%20Documents120
Library/CHP/Rc/CHP2001Alameda%20County-26-37.pdf
Whose Health Is Affected?

- People with Disabilities
- Low Income Communities of Color
- People Living Alone
- People Experiencing Homelessness
- Older Adults
- Children

Older Adults Very Affected

Why Are Older Adults Considered More Vulnerable?

More likely to...
- Have limited mobility
- Have a disability
- Need assistance with daily living
- Require medications/treatment
- Side effects: increase vulnerability to dehydration and heatstroke

Alignment With Key Frameworks

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<thead>
<tr>
<th>Vision 2026 Pillars</th>
<th>Age-Friendly Communities</th>
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<tbody>
<tr>
<td>Preparing for impacts of climate change on health</td>
<td>Thriving and Resilient Populations</td>
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<tr>
<td>Creating safe places to go during smoke and heat events</td>
<td>Safe and Livable Communities</td>
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<tr>
<td>Communicating to vulnerable populations, including older adults, about the health hazards of wild fires</td>
<td>Thriving and Resilient Populations</td>
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<tr>
<td>Planting trees to reduce the impacts of heat waves</td>
<td>Healthy Environment</td>
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<td>California SB-379: Climate adaptation in general plans</td>
<td>Domain 1: Outdoors Spaces &amp; Buildings</td>
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<td>Domain 8: Community and Health Services</td>
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<td>Domain 7: Communication and Information</td>
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<td>Domain 1: Outdoors Spaces &amp; Buildings</td>
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Heat and Its Impacts

Climate Impact: Extreme Heat

5

12-15

Projected Number of Extreme Heat Days Annually

NOW

2050

The Impacts Can Already Be Felt

- Older adults may:
  - Have pre-existing health condition that increases sensitivity to heat
  - Sweat less
  - Have difficulty staying hydrated
  - Have intersecting vulnerabilities that increase their risk

- Other factors:
  - Air conditioning expensive or nonexistent
  - Be less mobile
  - Isolation

What We’re Doing

Senior Centers / Cooling Centers

- Alameda: Mastick Senior Center
- Berkeley: North Berkeley Senior Center, South Berkeley Senior Center
- Castro Valley: Kenneth C. Aitken Senior Center
- Dublin: Dublin Senior Center
- Emeryville: Emeryville Senior Center
- Fremont: Fremont Senior Center
- Oakland: North Oakland Senior Center, East Oakland Multipurpose Senior Center, Fruitvale-San Antonio Senior Center
- Newark: Newark Senior Center
- Pleasanton: Pleasanton Senior Center
- Union City: Ruggieri Senior Center
Planning Department Project

Addressing Heat Islands through the Built Environment

Cooling Communities
Tree Planting

- Ashland/Cherryland, area with less than 1% tree cover
- Planting over 400 trees
- Providing information, tools, and resources for climate resilience, via community messengers

What Older Adults Can Do to Prevent Heat Illness

- Check on neighbors
- Stay hydrated
- Stay in air conditioning as much as possible (esp. when temp's high 90s or above)
- Wear loose, lightweight, light-colored clothing
- Shower or bathe in cool water
- Avoid strenuous activities

What Can You Do?

- How could information be shared with even more older adults before and during heat waves?
- How can older adults take action?

Climate Impact: More Frequent and Severe Wildfires

Wildfires/Smoke
Longer Wildfire Season

1970

“*We’re about to have a firefighting Christmas.*”
-Jerry Brown, former Governor of CA

TODAY

![Fire Icon]

Air Quality Readings: Nov 16, 2018

Your Experiences in Smoke Events

- Were you aware of instances where older adults needed support to protect themselves, during the 2017 and 2018 fires?

Older Adults Can Be Especially Impacted

Poor Air Quality:
- Worsens common respiratory conditions, such as asthma and COPD
- Can increase risk of heart attack, worsen cardiac issues
- Higher risk of long-term effects

Smoke Communications Grant

- Community engagement
  - Targeting older adults, unhoused population (of which 50% in Bay Area are >50), and outdoor workers
  - Focus groups and other outreach
  - Preferred method of communication?

Question for You

- Looking for ideas of how to reach older adults for focus groups
- What are some venues that we could gather information from or disseminate it to?
Additional Resources

Model for You

- 2 successful workshops
- Guide for others to use
- Cross-agency workshop and updated guide coming soon

Key Message to Share

- Older adults are especially vulnerable to the impacts of climate change. We have seen this locally with heat waves and wildfire impacts.
- It is important for older adults and their families & caregivers to understand the impact of climate change on their health so they can begin planning to protect themselves.
- It is important for them to be connected to avenues for information so they can access up-to-date tips during an event.

Questions?

Thank you!

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Connect
WITH FRIENDS, FAMILY, AND SERVICES THAT SUPPORT PARTICIPATION.

CREATE
THROUGH ACTIVITIES THAT PROMOTE HEALTH AND PERSONAL ENRICHMENT.

Contribute
TIME, TALENT, AND LIFE EXPERIENCE TO BENEFIT OTHERS.

Area Agency on Aging events this month:

Alameda County Commission on Aging (ACA): May 13, 9:30 AM
Information & Assistance Roundtable: May 17, 9:00 AM