AGENDA

ADVISORY COMMISSION ON AGING
Monday, April 8, 2019
9:30am – 12:00pm

Maxwell Park Conference Room
6955 Foothill Blvd. Suite 137
Oakland, California 94605

Public participation at Advisory Commission on Aging (ACA) meetings is encouraged. We request that individuals limit their comments on any single item on the agenda to three minutes. The chosen spokesperson for a group may speak for five minutes.

1. Call to Order 9:30 - 9:30

2. Consent Calendar 9:30 - 9:35
   a. Review of Agenda
   b. Approval of Minutes

3. Comments from the Public 9:35 – 9:40

4. Comments from ACA Chair Donna Ireland 9:40 – 9:45

5. Welcome Commissioner Eric Eisenberg

6. FY 19-20 Area Plan Update, Delbert Walker, AAA SPS/Sr. Planner 9:45 – 10:00

7. 2021-2024 Area Plan Update: Delbert Walker, AAA SPS/Sr. Planner 10:00 – 10:15

8. Climate Change and Older Adults: Alameda County Impacts/Opportunities
   Presenters: Emily Sadigh and Sarah Church, AC GSA Sustainability Office 10:15 – 10:45

9. Director's Report: Jennifer Stephens-Pierre, AAA Director 10:45 – 11:00

10. Age-Friendly Council Update 11:00 – 11:10

11. Ombudsman Program Update 11:10 – 11:15

    a. Executive Committee
    b. Legislative Advocacy 11:20 - 11:30
    c. Public Relations/Senior Update 11:30 - 11:35
    d. Health & Safety 11:35 - 11:45

13. Oral Communications/Announcements 11:45 – 12:00
    a. Commissioners
    b. Staff
    c. Public
MINUTES

ADVISORY COMMISSION ON AGING
Monday, March 11, 2019
9:30am – 12:00pm

Commissioners Present: Donna Ireland-Chair, Sue Taylor, Christine Sevier, Dom Filardo, Sarah Kim-Lee, Miller, Pam Gumbs, Sue Taylor

Commissioners Absent (Excused): Royce Johnson, Helen Buckholz

Staff Present: Jennifer Stephens-Pierre, Delbert Walker, Mary Louise Zernicke, Ramil Rivera, Jose Villafior, Diarra Piggue, William Fasanya, Lisa Ho, Maaza Michael

Guest:
Carol Powers – EMS/SIPP
Joanna Kim-Selby – Korean Senior Center
Sylvia Soublet – Director, Public Affairs & Community Relations
Robert Taylor – Senior Support Program of the Tri-Valley
Lorena Briso – SSA OPEP
Coco Ramirez – The United Seniors of Oakland and Alameda County
Emma Ishi – Office of Board of Supervisor Carson
Karen Grimsich – Aging & Family Services at the City of Fremont
Joel Devalcourt – Covia

1. Call to Order

2. Consent Calendar
   a. Review of Agenda – Motion to approve the agenda as presented
      (M) D. Filardo
      (S) C. Sevier
      Carried
   b. Approval of Minutes – Motion to approve the agenda as presented
      (M) C. Sevier
      (S) D. Filardo
      Carried

3. Comments from the Public

   No comments.

4. Comments from ACA Chair Donna Ireland

   Chair Ireland recently attended an Alameda County Board of Supervisor (BOS) meeting to provide a presentation and to advocate to the BOS for prospective members for the Advisory Commission. She also had the opportunity to meet for the first time with Alameda County Social Services Agency Director, Lori Cox.
5. Age-Friendly Council: Age-Friendly Application, Karen Grimsich

Karen provided background on the Age-Friendly World Health Organization efforts which started in Geneva in 2007 to help cities with aging populations. In the USA, AARP is a partner. Currently there are 10 States making efforts to be Age-Friendly. In California, Los Angeles, San Diego, Santa Clara, San Francisco and Marin Counties are currently making efforts to achieve Age Friendly County designation. On February 25, 2019, a joint committee comprised of the Board of Supervisors, Social Services and Health Committee convened to push the full Board of Supervisors to join the Age-Friendly efforts. The process involves a five-year commitment that ties in with the 8-domains of livability. The first two years involve listening to the community and conducting a needs assessment. This is followed by an action plan such as making outdoor spaces accessible. The City of Fremont and City of Berkeley have already submitted applications to be Age-Friendly cities. The three overarching goals are to support looking at the 8-domains of livability, support cities to join, and to look across all the different work being done in the County.

6. Nominations and Election for ACA Vice-Chair

a. Nominating Committee Nominations: Commissioner Taylor spoke on the process of contacting the commissioners for interest as Vice-Chair. Recommendations were presented to the Commissioners.

b. Open Nominations: There were no nominations from the floor.

c. Election of ACA Vice Chair: Majority of the Commissioners voted for Commissioner Miller as Vice-Chair.

7. Presentation: Climate Change and Impacts on the Coast
Presenters: Amy Hutzel, Deputy Executive Officer, State Coastal Conservancy

A power point presentation was given by Amy that outlined 1) Access to the Coast in California, 2) Climate Changes & Impacts, and 3) Living Shorelines in California. Emphasis was for accessing the coastal spaces and trails for all by designing walkways that are accessible, signage and information that informs patrons of the facilities as well as trail information. The projects that the State Coastal Conservancy takes on focus on accessibility. Climate change was mentioned as an overarching umbrella under which all of the other work of the State Coastal Conservancy falls. Amy’s department falls under the National Resource Agency (NRA).

8. SSI Cash Out Update: Mary L. Zernicke, AAA Sr. Nutritionist

A handout was provided during the meeting, which will also be given in the Senior Update Newsletter in April. The “SSI Cash Out” is in the process to be renamed. 360,000 SSI/SSP recipients are potentially eligible in California, of which an estimated 50,000 are Alameda County residents. 70% of Alameda County SSI/SSP recipients are estimated to be older adults. A key message is that there will be no loss/reduction in CalFresh Benefits and no change in status in SSI if the recipient is living in a group household. June 2019 is the effective date, but applicants can start to apply in May 2019.

Staff Mary Louise also added that there is a proposal at the State level to increase the benefits for nutrition services through the Older California’s Act. This and the SSI Cash Out are critical as food insecurity in older adults has gone up over 40% in the last decade. This finding was confirmed from Customer Surveys that Meals on Wheels receive.
9. **2021-2024 Area Plan Update: Delbert Walker, AAA SPS/Sr. Planner**

Area Agency on Aging (AAA) SPS/Senior Planner Delbert Walker provided a brief update of the AAA planning requirements and process as mandated by the Older Americans Act (OAA) California Department on Aging (CDA), and the Alameda County Board of Supervisors. Delbert provided various statistics on "Why Aging Matters". This tied into the launch of the Community Assessment Phase of the Comprehensive Countywide Area Plan for Older Adults. This phase involves the Consumer Survey which was reviewed. Hard copies were provided during the meeting. The survey contained elements of the 8-Domains of Livability. The survey will be available online via Survey Monkey and in hard copy form. Both options will be available in different languages such as Spanish, Tagalog, Farsi, and simplified Chinese to name a few. Attendees of the meeting were tasked for any that are 55 years of age or older and are Alameda County residents to complete the survey. Additional outreach will be conducted for isolated adults. The completion of the survey phase is effective now and through September 30, 2019. The feedback from the surveys will assist in developing the pending Public Forums and Focus Groups. Additional hard copies were made available for anyone who wishes to assist with the distribution of the Consumer Surveys.

AAA Director Jennifer Stephens-Pierre added a request to the group to go to Alameda County SSA's Facebook page and to like and share the AAA's Countywide Area Plan Launch Announcement. She also requested to the group that if they know any age 55 and older and are Alameda County residents, to have them complete the survey. The intent is to make sure all Alameda County Older Adults have their voice heard.

10. **Director's Report: Jennifer Stephens-Pierre, AAA Director**

   a. Elder Abuse Awareness: The Aging Commission will partner with Adult Protective Services on Saturday, June 15, 2019 to bring Elder Abuse Awareness at the Alameda County Fair in Pleasanton. The location of the tent will be across the offices of Supervisor Valle and Supervisor Miley. Supervisor Valle and Supervisor Miley will be asked to participate. The Consumer Survey will also be distributed at this event. AAA will be at the County Fair additionally on the opening day, Friday, June 14, 2019. Those who wish to volunteer for either days will receive parking and ticket for entry to the fair.

   b. Older American's Month: May is designated Older Americans Month. Discussion with the Commission on how to highlight this event is forthcoming.

   c. SSA Ombudsman Coordinator, Denise McGowan, retired 2/21/18. A replacement is in progress. On April 5, 2019, AAA will host an Ombudsman Appreciation event.

   d. Social Isolation in the Area Plan: Efforts are in progress to address this targeted group and to address their issues and include their voices in the plan. Transportation issues were mentioned as a reason for isolation. Director Jennifer stated that in the next funding cycle, this would be looked into.

11. **Commission Subcommittee Reports**

   a. **Executive Committee**

   Chair Ireland stated the committee met and the discussion of the meeting was shared from Directors Report in Section 10 above. Chair Ireland shared that the Commissioners would be contacted for their availability for the Commission Retreat.
b. Legislative Advocacy:

Commissioner Gumbs shared that May 23, 2019 is Legislative Day in Sacramento.

c. Public Relations/Senior Update

Staff Jose Villaflor provided dates and locations for the upcoming FY18-19 Commissioner Site Visits:

1. 5/09/19, Hayward Senior Center, at 10:30am;
2. 8/20/19, Vietnamese American Community Center (Oakland), at 10:00am;
3. 11/05/19, Fremont Senior Center, at 10:00am

Next month the Senior Newsletter for April-June 2019 will be available.

d. Health & Safety

Commissioner Miller stated a meeting would be held after this meeting.

12. Oral Communications/Announcements

a. Commissioners

Vice-Chair Miller: Staff Jose contacted Commissioner Millers supervisor at the Fremont Library about hosting a public forum at that location.

Commissioner Taylor: On April 25, 2019, the annual Senior Wellness Fair will be held at the South Berkeley Senior Center. Commissioner Taylor conveyed on behalf of Commissioners Buckholz and Royce that they did not know who to contact regarding their absence from this morning’s meeting. Director Jennifer stated that she or Senior Planner Delbert can be contacted. Commissioner Taylor ended with thanking the Commissioners for their commitment for filling the Vice-Chair seat.

Commissioner Filardo: He was invited to visit Casa Sandoval, a low-income facility of older adults in Hayward. This housing facility was a transportation sponsor at the last Healthy Aging Festival. Commissioner Filardo stated in the chance there is no chair or vice-chair present that he would step in to facilitate the Advisory Commissioner Meeting.

Chair Ireland: Provided two handouts on behalf of Wendy Peterson of Senior Services Coalition. The 1st handout was for advocacy at a hearing on SSI issues and the struggle to afford food and housing in Sacramento. There will be transportation available and are listed on the handout. The 2nd handout involved advocacy to invest in Aging Services. The event will be on March 14, 20, and 27, 2019 in Sacramento to encourage Legislators to invest in Aging Services. Chair Ireland also shared that she would be at her local farmers market to provide information regarding the work of the Advisory Commission and to request older adults to complete the Consumer Survey.

b. Staff

Staff Diarra provided information of the next Round Table Meeting that will be on Friday, March 15, 2019 in Suite 143 (1st Floor) in the Sobrante Park Conference Room from 9:00am – 12:00pm. The information provided will be about the Countywide Area Plan for Older Adults Provider’s Launch. A special catered breakfast will be served.
c. Public

Joanna Kim-Selby, East Bay Korean American Senior Center, shared information of an article from the Korean Times on the topic of suicide. A statistical report conducted by Michigan State reports Korean immigrant suicides are the highest compared to any other ethnic group. Joanna was not aware of this issue as she has operated the East Bay Korean Senior Center for the past 11 years. She shared that recently a young mother killed her two children and then committed suicide. Joanna requested of AAA and the Commission to help with resources to help spread this issue via Korean media.

Carol Powers, Emergency Medical Services, provided a flier for the 19th Annual California Senior Injury Prevention Educational Forum on April 18, 2019, from 8:00am-4:00pm. The event will be held at the Ascension Cathedral, 4700 Lincoln Ave, Oakland. Registration is required. Carol emphasized the food should be pretty good.

Robert Taylor, Senior Support of the Tri-Valley, volunteered his agency for the Transportation Impact on Isolation work.

The next meeting of the Advisory Commission on Aging will be held on Monday, April 8, 2019 in the Maxwell Park Conference Room, 6955 Foothill Blvd. First Floor, Suite 137 Oakland, CA 94605.
ADVISORY COMMISSION ON AGING
EXECUTIVE COMMITTEE
MEETING MINUTES

Monday, March 11, 2019
9:00am

Commissioners Present: Donna Ireland Chair, Pam Gumbs, John Miller, Dom Filardo, Sue Taylor

Staff Present: Jennifer Stephens-Pierre, Delbert Walker, Ramil Rivera

1. Review of Executive Committee Agenda/Approval of Minutes: No minutes were reviewed.

2. 2021-2024 Area Plan: Ad Hoc Planning Committee: Similar to the last Planning Committee, an Ad Hoc Planning Committee is needed for this cycle. Delbert Walker - AAA Senior Planner, would be the Chair of the Committee. The group would meet once a month. The Community can be part of the group, but an Advisory Commission Member(s) would be required. This Ad Hoc Planning Committee would act the same as the prior Planning Committee.

3. Older American's Month (May 2019): The Advisory Commission will need to do something or have representation. More detail to from AAA to come.

4. Elder Abuse Awareness (June 2019): Presence of AAA and the Advisory Commission will be at the Alameda County Fair on Friday, June 14, 2019 and on Elder Abuse Awareness Day on Saturday, June 15, 2019. Advisory Commission Members and staff are requested to participate at the booth across Supervisor Valle and Supervisor Miley's booths. More discussion of this topic will be at next month's meeting.

5. Commission Retreat (Location, Date, Time, Topics): The Doodle email will be sent to the Advisory Commission Members for availability. Once date of availability is identified, time, location and structure will be established. The intent of this 4-6 hrs retreat is to allow the opportunity for the group to get to know each other better, to figure out the Commissions strengths and weaknesses and to establish strategic planning and goals for the Advisory Commission.

Meeting was adjourned at 9:26 am.

The next meeting of the Executive Committee will be held at 9:00am (before the Commission Meeting) on Monday, April 8, 2019 in the Maxwell Park Conference Room, 6955 Foothill Blvd. First Floor, Suite 137 Oakland, CA 94605.
AGENDA
ADVISORY COMMISSION ON AGING

Legislative Advocacy Committee (LAC)
Monday, April 8, 2019
IMMEDIATELY AFTER COMMISSION MEETING

1. Call to Order

2. Approval of Minutes

3. Legislative Bills
   a. CSL
   b. Office of Policy, Evaluation, and Planning Office (OPEP )
   c. Other proposed bills

4. Council for Age Friendly Communities Updates

5. Senior Services Coalition Update

6. Other Federal, State and Local Issues and Updates

7. Other agenda and next meeting agenda
MINUTES

ADVISORY COMMISSION ON AGING

Legislative Advocacy Committee (LAC)
Monday, March 11, 2019

Commissioners Present: Committee Chair Dr. Pam Gumbs, Commission Chair Donna Ireland

Members Present: Lorena Briseno, Joel Ginsberg, Coco Ramirez

Staff Present: Lisa Ho and Mary Louise Zernicke

CSL Members Present: None

1. Called to Order: The meeting was called to order by Committee Chair Dr. Gumbs at 12:10 PM.

2. Approve the minutes of Legislative Advocacy Committee – February 11, 2019.
   Motion to approve the minutes.
   (M) Ireland
   (S) Zernicke
   Carried

3. Legislative Bills Discussion

   a. CSL proposed bills update
      -Discussion on CSL proposed bills was included in the report from OPEP.

      -Lorena went through the many legislative materials that she brought and explained how this subcommittee and OPEP have similar proposed bills and can better work together for efficient lobbying.
      -Lorena requested feedback from this subcommittee members by March 18th, 2019 regarding the current OPEP proposed legislations in relation to the LAC top five priorities.

LAC March minutes 2019
-Discussion on Age-Friendly Council website.
-Discussion on the Governor's proposed Budget and proposed legislations targeting to increase Older Adults funding.

C. Other proposed bills AB229, AB341 and AB944 were discussed.

4. Council for Age-Friendly Communities Updates by Joel Ginsberg
   - UCSF submitted a request to renew a Federal grant for their Older Adults curriculum.
   - Council on Age Friendly website is in working progress.
   - The Council has applied to receive designation as an Age-Friendly County.

5. Senior Services Coalition Updates by Wendy Peterson, Director
   - Senior Services Coalition is working with California Area Agency on Aging and Meals on Wheels of California to lobby for a $17.5 million statewide increase to fund California meals on wheels programs.

6. Other Federal, State and Local Issues and Updates
   Mary Louise had handouts and discussed the various publications that provide updates and analysis on various proposed Legislative bills and budget actions. The Coalition of California Welfare Rights Organizations, Inc. (CCWRO) publication is one example which she found to be resourceful.

Meeting was adjourned at 1:15 pm

The next meeting of the Legislative Advocacy Committee will be held on Monday, April 8, 2019 immediately after the Commission Meeting in the Maxwell Park Conference Room, 6955 Foothill Blvd. First Floor, Suite 137 Oakland, CA 94605.
AGENDA

ADVISORY COMMISSION ON AGING

HEALTH & SAFETY COMMITTEE
Monday, April 08, 2019
IMMEDIATELY AFTER COMMISSION MEETING

1. Call to order.

2. Roll Call (Sign in sheet)

3. Consent Calendar
   A. Review of Agenda
   B. Approval of Minutes

4. Update on “Whistle Project”

5. Other

Adjournment
Commissioners Present: Committee Chair John Miller and Commissioner Sue Taylor
Staff Present: Diarra Piggue, Carol Powers and Maaza Michael

1. The meeting was called to order at 12:05 PM, those present were asked to sign in.

2. The Committee discussed:

   ➢ Ordering and purchasing of the whistles.
   ➢ Design improvement of the magnet.
   ➢ Time line of the project:
     ♦ Target date to make the order is end of April 2019.
     ♦ June 14, 2019 and June 15, 2019 to assemble and distribute the whistle in the County Fair while older adults are completing the “2019 Alameda County Survey for Older Adults”.

3. Action plan for the next meeting:

   ➢ Staff member, Maaza Michael will follow up on the County procurement process and the magnet design.
   ➢ Committee Chair John Miller will approve the design and will give order for the purchase.

Meeting was adjourned at 12:35 AM.

The next meeting of the Health & Safety Committee will be held immediately after the Commission Meeting on Monday, April 8, 2019 in the Maxwell Park Conference Room, 6955 Foothill Blvd. First Floor, Suite 137 Oakland, CA 94605.