AGENDA
ADVISORY COMMISSION ON AGING
Monday, February 11, 2019
9:30am – 11:45am

Maxwell Park Conference Room
6955 Foothill Blvd. Suite 137
Oakland, California 94605

Public participation at Advisory Commission on Aging (ACA) meetings is encouraged. We request that individuals limit their comments on any single item on the agenda to three minutes. The chosen spokesperson for a group may speak for five minutes.

1. Call to Order 9:30 - 9:30
2. Consent Calendar 9:30 - 9:35
   a. Review of Agenda / Approval of Min
   b. Approval of minutes
3. Comments from the Public 9:35 – 9:40
   Victoria Wu, County Counsel
5. Elections, ACA Vice Chair Nominating Committee 10:20 – 10:25
7. Director’s Report: Jennifer Stephens-Pierre, AAA Director 10:30 – 10:45
   a. SSI Cash Out (Planning and Outreach)
   b. Senior Plan Launch (March 2019)
   c. Elder Abuse Awareness (June 2019)
   d. Development of a signature event
   e. California Senior Legislative (CSL) – Lisa Ho
   a. Executive Committee
   b. Legislative Advocacy 11:05 - 11:15
   c. Public Relations/Senior Update 11:15 - 11:25
   d. Health & Safety 11:25 - 11:35
10. Oral Communications/Announcements 11:35 – 11:45
    a. Commissioners
    b. Staff
    c. Public
1. CALL TO ORDER

ACA Vice Chair Ashok Desai called the meeting to order at 9:30am.

2. CONSENT CALENDAR

   a. Review of Agenda – Motion to approve the agenda as presented.
      (M) D. Ireland
      (S) C. Sevier
      Carried

   b. Approval of Minutes – Motion to approve the minutes as presented.
      (M) D. Ireland
      (S) C. Sevier
      Carried

3. COMMENTS FROM THE PUBLIC FOR ITEMS NOT ON AGENDA
Eric Eisenberg of Bright Star Care and Laura McMichael of Eden Area Village introduced themselves as potential candidates for Advisory Commission on Aging (ACA) membership.

4. NOMINATIONS FOR ACA CHAIRPERSON

a. Nominating Committee
   The Nominating Committee recommended Commissioner Donna Ireland as a vetted candidate for ACA Chairperson.

b. Open Nominations
   No nominations from the floor were recommended.

c. Motion to accept the nominated candidates and close nominations.
   (M) A. Desai
   (S) H. Buckholz
   Carried

5. ELECTIONS FOR ACA CHAIRPERSON, OPEN ROLL CALL VOTING

Commissioner Donna Ireland was elected as ACA Chairperson by a unanimous vote of the Commission. ACA Chair Ireland will serve out the remainder of the official term of office which began July 1, 2018 and will conclude June 30, 2020. Congratulations ACA Chair Donna Ireland!

7. 2021-2024 AREA PLAN UPDATE: DELBERT WALKER, AAA SPS/SENIOR PLANNER

Area Agency on Aging (AAA) SPS/Senior Planner Delbert Walker provided a brief overview of the AAA planning requirements and process as mandated by the California Department on Aging (CDA) and the Alameda County Board of Supervisors. The overview included a presentation of the projected timeline and an update on the AAA’s community outreach activity to date. Delbert distributed a packet of informational and outreach resources for the Community Needs Assessment which the AAA will conducted throughout the Spring, Summer, and Fall of 2019.

The Area Plan is a requirement of the Older American’s Act (OAA) and is a comprehensive planning document which equips the California Department of Aging (CDA) and the AAA to share the critical responsibility of addressing present and future aging and long-term care issues within California’s growing, diverse, interdependent older adult community. Every 4 years, AAA is required by CDA to complete an Area Plan and subsequent Area Plan Updates on an annual basis. The Alameda County Board of Supervisors has mandated additional collaboration and more extensive inclusion in the plan which our local AAA must develop. The Community Needs Assessment is a required process designed to inform the Area Plan and is conducted in a 3-part process in Alameda County. Consumer Surveys evaluate the day to day needs of older adults. Public Forums uncover
data and explore issues critical to the older adult consumer. Focus Groups gather opinions from the targeted consumer, service provider, and policy maker’s perspectives.

AAA Program Staff Lead Assignments for the Area Plan Development and Needs Assessment are as follows:

Ramil Rivera - Consumer Survey, (510) 577-3533, RCRivera@acgov.org
Jose Villaflor – Public Forums, (510) 577-3536, Jovillaf@acgov.org
Lisa Ho – Focus Groups, (510) 577-3531, Lho@acgov.org
Maaza Michael – World Health Organization (WHO) Age Friendly Integration

Delbert asked the Commission Members, Staff, and Guests present to review the Outreach Activity and identify any areas of focus or contacts which should be included in the outreach and to provide feedback to the appropriate Lead Staff identified above.

8. DIRECTOR’S REPORT:

a. AAA Senior Nutritionist, Mary Louise Zernicke thanked the Commissioners for their support for the 2018 Holiday Basket Event. 60 baskets, including a small gift, were provided to needy older adults in Alameda County.

b. AAA Senior Nutritionist, Mary Louise Zernicke spoke about the SSI Cash Out. In the mid-70’s, the State of California increased the SSI/SSP Recipients’ monthly award by $10 instead of awarding food stamps (currently known as CalFresh). After almost 50 years, this law has now changed effective this summer and this “cash out” will be going away. SSI/SSP Recipients will now be newly eligible for CalFresh. It is estimated that 75% of SSI/SSP recipients will choose to apply. CalFresh is seeking partnership with AAA and Service Providers to outreach to older and disabled adults. SSA’s Workforce Benefits and Administration (WBA) will provide outreach of this change and updates on efforts which are to begin in the Summer of 2019.

c. AAA Senior Nutritionist, Mary Louise Zernicke provided an update on the Community Gardens Project. The law requires that a percentage of CalFresh funding is allocated to Nutrition Education through a program entitled SNAP-ED. Alameda County AAA has used these funds to build Community Gardens in Senior Housing Facilities. Residents at these facilities and staff from City Slickers maintain the gardens.

d. AAA Director, Jennifer Stephens-Pierre provided the following:
   1) At next month’s Advisory Commission Meeting, Alameda County’s County Counsel will provide training on the Brown Act and Robert’s Rule of Order.
   2) There will be a Fiscal Audit of the AAAA conducted by CDA Auditors 2/04/19 through 2/08/19.
   3) The recent CDA Monitoring site visit for the OMBUDSMAN Program went well. Improvement was needed for use of volunteers.
9. **AGE-FRIENDLY COUNCIL ON AGING UPDATE**

Staff Joel Ginsberg provided the following updates:

a. For the “Resources” part of the Age-Friendly Website project, AAA staff Diarra Piggué and Maureen Schulz have been assigned to provide input.

b. Embracing Aging Training: The Council is in conversations with University of California San Francisco (UCSF) to do clinical trainings around older adults.

c. An action plan is in progress to support the Council’s goal of applying for the World Health Organization Designation to be an Age-Friendly County.

d. The Council plans to work in parallel with the ACA to support the advancement of the SSI Cash Out efforts.

e. The Data Committee is currently on hiatus.

f. The Council has minimal progress to report regarding transportation.

10. **COMMISSION SUBCOMMITTEE REPORTS**

a. Executive Committee:
   Vice-Chair Desai stated the Executive Committee met this morning, discussed changes to the Bylaws in regard to Members at Large.

b. Legislative Advocacy Committee:
   Vice-Chair Desai stated a meeting is scheduled after this meeting. Topics to discuss include the new Governor and a signed Executive Order on Health Care Costs.

c. Public Relations/Senior Update Committee:
   AAA Staff Jose Villaflor provided an update that Public Relations/Senior Update Committee meetings will be held in February, May, August & November 2019. The 2019 Q1 Senior Update Newsletter is available for distribution. Three Commissioner Site Visits are planned for this year, tentatively scheduled for early Winter, Spring, and Summer.

d. Health & Safety Committee:
   Commissioner Miller stated a meeting will be held after this meeting.

11. **ORAL COMMUNICATIONS/ANNOUNCEMENTS**

a. Commissioners:
Vice-Chair Desai stated this would be his last meeting and thanked the Commissioners for their support for the work the Commission provides on behalf of Older Adults.

Commissioner Kim-Lee shared an alarming information update on the latest Social Security Administration (SSA) scam where scammers are using a SSA Caller ID to call older adults to obtain their personal information. SSA has changed their ID to reflect a local number and “US Government”. Unless a client has initiated contact with SSA, SSA will never call a client. The SSA toll-free number is 800-772-1213. SSA does not have the capacity to send clients notice of such scam related information. A way to protect oneself is to enroll in My Social Security (www.ssa.gov/myaccount).

Commissioner Filardo thanked Commissioner Kim for the helpful information she provided. He is a member of the Community Ambassador’s for Seniors and the information Commissioner Kim provided will be helpful to his group.

Chair Ireland shared she had also received a similar Social Security scam call with a questionable caller ID, in which she contacted the real agency to inform them of this call. She also thanked Vice-Chair Desai’s commendable work for the Commission and wished him well.

Commissioner Buckholz reiterated the same sentiment from Chair Ireland to Vice-Chair Desai. She also shared that her community had a Christmas event for their Older Adults, which raised $800 in merchandise and $2,000 in cash to gift to the most needy Older Adults.

b. Staff:

AAA Staff Diarra Piggué shared the next Roundtable Meeting scheduled for 1/18/19, from 9:00am-noon in the Sobrante Park Room. The topics/speakers will be RECAPES, CA Low Cost Auto Insurance and the Center for Independent Living.

Ombudsman Staff William Fasanya thanked Vice-Chair Desai and recommended him for the OMBUDSMAN Program.

c. Public:

Wendy Peterson, Senior Services Coalition, shared an opportunity to advocate to the new governor. Governor Newsom had a recent news press conference and nothing was mentioned around aging. This is the opportunity to educate the new governor and change his current path. C4A has developed a strategy that puts intelligent thought on how to fund and coordinate efforts for Older Adult advocacy. C4A is presenting a forum in Sacramento on Friday, 1/25/19. Wendy has three seats available in her vehicle and is encouraging all to attend.
Carol Powers, Emergency Medical Services, announced the next SIPP Partnership Meeting will be on Thursday, 2/07/19, 9:00 AM at 1100 San Leandro Blvd., San Leandro. The topic will be on “STEADI: Beyond the Three Questions”. STEADI is a CDC Program that stands for Stopping Elderly Accidents, Deaths & Injuries. The Annual Senior Injury Conference is tentatively scheduled for April 23, 2019. More details will be provided when available.

The next meeting of the Advisory Commission on Aging will be held on Monday, February 11, 2019 in the Maxwell Park Conference Room, 6955 Foothill Blvd. First Floor, Suite 137 Oakland, CA 94605.
AGENDA
ADVISORY COMMISSION ON AGING

Executive Committee Meeting
Monday, February 11, 2019
9:00am

Maxwell Park Conference Room
6955 Foothill Blvd. Suite 137
Oakland, California 94605

1. Review of Executive Committee Agenda/Approval of Minutes
2. Bylaw Revisions
3. Quorum Requirements
4. Membership:
   • Election, ACA Vice Chair Nominating Committee
   • Chair, Transition Discussion
   • Vacant Commissioner Seats
   • Commission Goals

5. Future Discussion Items:
Commissioners Present: Ashok Desai-Vice Chair, Donna Ireland, Helen Buckholz, Christine Sevier, Raj Paul Singh

Staff Present: Jennifer Stephens-Pierre, Sandra Braxton

There was insufficient Executive Committee member attendance to satisfy the quorum requirement. Non-binding discussions were held. The Executive Committee meeting was rescheduled for February 11, 2019 at 9:00am.

1. Review of Executive Committee Agenda/Approval of Minutes:

2. Bylaw Revisions – Jennifer discussed that she will be submitting the Bylaws to the Board of Supervisors for approval, along with making the change to the Ordinance.

3. Quorum Requirements – Jennifer discussed that next month there will be a speaker coming to provide informative update regarding a quorum and how it should be implemented.

4. Membership:
   - Election Protocol – Jennifer discussed that there will be an election for the Chair position today at the commission meeting.
   - Chair, Transition Discussion – Jennifer discussed intentions to schedule future meeting with upcoming Chair.
   - Vacant Commissioners Seats – Jennifer discussed the need for building the Commission as a baseline making sure all seats are filled.

5. Future Discussion Items:
   Commission Goals

Meeting adjourned 9:28 am.
Next Meeting: Monday, February 11, 2019
HEALTH AND SAFETY COMMITTEE MEETING
MONDAY, FEBRUARY 11, 2019 AFTER COMMISSION MEETING
MAXWELL PARK CONFERENCE ROOM

AGENDA

1. Call to order.

2. Roll Call (Sign in sheet)

3. Consent Calendar
   A. Review of Agenda
   B. Approval of Minutes

4. Update on “Whistle Project”

5. Other

Adjournment
Commissioners Present: Committee Chair John Miller and Committee Vice Chair Royce Johnson
Staff Present: Diarra Piggué, Carol Powers and Maaza Michael

1. The meeting was called to order at 11:06 AM, those present were asked to sign in.

2. Minutes from October 08, 2018 meeting were approved.
   (M) J. Royce
   (S) J. Miller
   Carried

3. The Committee discussed:

   ➢ On the distribution of the whistles.
   ➢ On the data collection.
   ➢ On the ordering and purchasing of the whistles.
   ➢ On the storage place for the whistle until distribution.
   ➢ On the time line of the project:
     ♦ The targeted date to make the order is March 1, 2019.
     ♦ The targeted date to assemble the whistle is March 30, 2019.

4. Action plan for the next meeting:

   ➢ Staff member, Maaza Michael will follow up on the County procurement process.
   ➢ Staff members Diarra will design the artwork for the magnet by February 1st, 2019.

Meeting was adjourned at 11:55 AM.

The next meeting of the Health & Safety Committee will be held immediately after the Commission Meeting on Monday, February 11, 2019 in the Maxwell Park Conference Room, 6955 Foothill Blvd. First Floor, Suite 137 Oakland, CA 94605.
AGENDA

ADVISORY COMMISSION ON AGING

Legislative Advocacy Committee (LAC)
Monday, March 11, 2019
IMMEDIATELY AFTER COMMISSION MEETING

1. Call to Order

2. Approval of Minutes

3. Legislative Bills
   a. AARP
   b. CSL
   c. Update on proposed bills

4. Council for Age Friendly Communities Updates

5. Senior Services Coalition Update

6. Other Federal, State and Local Issues and Updates

7. Other agenda and next meeting agenda
MINUTES
Legislative Advocacy Committee (LAC)
Monday, January 14, 2019
Minutes

Commissioners Present: Helen Buckholz, Committee Chair Ashok Desai, Dr. Pam Gumbs, Donna Ireland,

Members Present: Joel Ginsberg, Wendy Petersen.

Staff Present: Lisa Ho and Mary Louise Zernicke.

CSL Members Present: George Tucker.

1. Called to Order

2. Approve the minutes of Legislative Advocacy Committee – November 13, 2018.
   Motion to approve the minutes.
   (M) Desai
   (S) Zernicke
   Carried

3. Legislative Bills Discussion.
   a. AARP proposed bills updated by Committee Chair Ashok Desai.
      -No specific proposed bills from AARP.
      -However, Desai brought attention to the subcommittee that Governor Gavin Newsom signed an executive order on his first day to address prescription drug cost.  https://www.gov.ca.gov/2019/01/07/first-acts-as-governor/

      -At the federal level, there is also a proposed bill emphasis on fighting drug cost.  https://khanna.house.gov/media/press-releases/release-khanna-sanders-introduce-legislation-drastically-lower-prescription

   b. CSL proposed bills updated by CSL Assembly member George Tucker.
      -The 2019 CSL top 10 State Priorities were reviewed.
   No new updates.

4. Council for Age Friendly Communities Updates by Joel Ginsberg.
   Updates were provided at the Alameda County Commission on Aging.

5. Senior Services Coalition Updates by Wendy Peterson, Director.
   Much is hopeful as California now has a new social liberal governor but the governor proposed budget does not have any focus on seniors. The California Department of Aging budget also remained flat which means a cut in this inflationary economy. This coalition will participate with California Association of Aging (C4A) to educate and highlight issues to the new governor for advocacy.

6. Other Federal, State and Local Issues and Updates
   No new updates.

7. Other agendas and/ or next meeting agenda (January Meeting)
   - We thanked our Committee Chair Ashok for a wonderful job he did. We will seek direction from the ACA Executive Committee for a subcommittee Chair.

   - Next Meeting: Monday, February 11, 2019, after the regular ACA meeting.

Meeting was adjourned at 11:50 am
1. Call to order meeting.

2. Discuss 2019 site visits to Hayward Area Recreation and Park District Hayward Area Senior Center on May 9, Vietnamese American Community Center of the East Bay on August 20, and Fremont Senior Center on November 5.

3. Email will be sent out for next Senior Update newsletter, April-June 2019. Articles due by March 1. Release of newsletters will be in April.

4. Final comments. Next meeting is in May after the full Commission meeting.

5. Adjournment.