AGENDA

ADVISORY COMMISSION ON AGING
Monday, November 4, 2019
9:30am – 11:45am
Eastmont Branch Library
Meeting room
6955 Foothill Blvd. Suite 211
Oakland, California 94605

Public participation at Commission meetings is encouraged. We request that individuals limit their comments on any single item on the agenda to three minutes. The chosen spokesperson for a group may speak for five minutes.

1. Call to Order 9:30 – 9:30
2. Consent Calendar 9:30 – 9:35
   - Review of Agenda
   - Approval of minutes
3. Comments from the Public for Items not on Agenda 9:35 – 9:40
4. Comments from Chair Donna Ireland 9:40 – 9:50
   - Ombudsman: Program Update
8. 2021-2024 Area Plan Update: Delbert Walker, AAA SPS/Sr. Planner 10:45 – 11:00
   - Survey update:
9. California Senior Legislature (CSL) – Mary Louise Zernicke 11:00 – 11:10
   - CSL Overview – Sylvia Stadmire, Senior Senator, CA Senior Legislature
10. Commission Subcommittee Reports 11:10 – 11:15
    - Executive Committee
    - Legislative Advocacy 11:15 – 11:20
    - Public Relations/Senior Update 11:20 – 11:25
    - Health & Safety 11:25 – 11:30
11. Oral Communications/Announcements 11:30 – 11:45
    - Commissioners
    - Staff
    - Public

# Note: The November ACA meeting will be November 4th, Monday, at 9:30 am at Eastmont Branch Library on the 2nd Floor of Eastmont Town Center.
AGENDA

ADVISORY COMMISSION ON AGING

Executive Committee Meeting
Monday November 4, 2019
8:45am

Eastmont Branch Library Suite 211
Eastmont Town Center, Oakland

1. Review of Executive Committee Agenda/Approval of Minutes

2. California Senior Legislature Appointments (CSL)

3. 2021-2024 Area Plan: Ad Hoc Planning Committee (Updates):
   o Update on Survey results [Note: Jim Cunniff is on vacation in Italy.]
   o Informant Interviews

4. Membership:
   o Orientation and Handbook: Ask for dates in December during regular meeting.
     ▪ Regina Silbert
     ▪ Barbara Price
     ▪ Laura McMichael-Cady

5. Ombudsman Update
   o Contract
   o Structure

6. Signature Event: Event, Location, and Date - Tabled until Subcommittee can reconvene.

7. Future Discussion Items
Commissioners Present: Donna Ireland - Chair, John Miller - Vice Chair, Dom Filardo, Eric Eisenberg, Sue Taylor, Royce Johnson, Howard Kirsch, Christine Sevier, Carlos Londono, Regina Silbert, Barbara Price, Laura McMichael-Cady

Commissioners Excused (Absent): Helen Buckholz, Donna Murphy, Sylvia Stadmire, Sarah Kim-Lee, Regina Silber

Staff Present: Jennifer Stephens-Pierre, Delbert Walker, Lisa Brand, Mary Louise Zernicke, Maaza Michael, Jose Villaflor, Ramil Rivera, Diarra Piggue, Maureen Schulz, Hema Patel, Belinda Llaguno, Constance Ghee-Young, Jim Cunniff

1. CALL TO ORDER
ACA Chair Donna Ireland called the meeting to order at 9:35 am.

2. CONSENT CALENDAR
   a. Review of Agenda – Motion to approve the agenda as presented.
      (M) Dom Filardo
      (S) Howard Kirsch
      Approved
   b. Approval of Minutes – Motion to approve the minutes as presented.
      (M) Royce Johnson
      (S) Dom Filardo
      Approved

3. COMMENTS FROM THE PUBLIC FOR ITEMS NOT ON AGENDA
A member of the public said there should be more collaboration of Social Services with families, from her experience with the Social Services Agency on Conservatorship.

4. Comments from Chair Donna Ireland
Chair Ireland announced the November 2019 alternate meeting date, which is November 4th, the first Monday of the month instead of the second Monday, which is a holiday. The location is the Eastmont Branch Public Library, on the second floor of Eastmont Town Center. In the Executive Committee Meeting this morning they discussed strategic goals that the Commissioners came up with at the retreat. A handout showing these will be distributed to Commissioners. They also discussed Commission membership. She introduced new Commissioner Laura McMichael-Cady, who said she had been a social worker in Alameda County for years, is President of the Board of a local senior village and is interested in seeing
what she can do to help. There was clarification that the Public Relations Subcommittee is working on the Signature event.

5. **Presentation: "Shared housing: An Innovative Solution to Aging-In-Place and Affordable Housing."** Presenter: Karen Coppock, Director, Home Match SF, Covia.

Director Coppock spoke of the Covia Home Match program. St. Paul Towers in Oakland is one of their projects. Their goal is to help people age well and live well through affordable housing and community services such as accessible food – farmers markets at their facilities, which is also a way of building community. The Home Match program started in Marin County in 2012, is now in Contra Costa and Alameda counties, and pairs older adults with people needing housing, who are vetted, background checked, and compatibility screened. Home Match connects homeowners with extra rooms with home seekers seeking affordable housing. There are several advantages of pairing in this way for aging boomers: stability, financial, companionship, and some relief of the housing shortage. In Alameda County, they have facilities in Fremont, Union City, and Hayward, and are looking to expand. Demographic: Twenty-five percent of boomers in Alameda County live alone, are house-rich and cash-poor. The homeowners range in age from 51 to 95 – they set the rental rates, which can be lower with a service exchange. The average rent in Alameda County is $735, and renters range in age from 19 to 85. Covia works with other organizations such as Life ElderCare, Villages, and Rebuilding Together. A handout of the presentation is attached to these minutes.

6. **Cal Fresh Expansion/SNAP-Ed, Mary L. Zernicke, AAA Senior Nutritionist.** Senior Nutritionist Zernicke said, though outreach is strong in Alameda County – 26% of eligible people are enrolled - they receive only $16 more, as not everyone is aware of deductions they can take for rent and medical expenses to increase the benefit amount. Bilingual staff is available at centers such as Mercy Brown Bag to provide affidavits to attest to housing costs and assist with applications. People can call former AAA intern jazmin@mercybrownbag.org for assistance.

Holiday Food Baskets are coming up in December – AAA and the Advisory Commission will deliver these to clients not otherwise served, on Friday December 20th. Commissioners assist with donating and driving. Checks should be made out to SOS Meals on Wheels. Maureen Schultz of AAA Information and Assistance program will record names of people who need baskets. If people know older adults who need this assistance, they should call Maureen Shultz at 510-577-3530. A flyer and referral form are attached to these minutes.

Update from Lorena Briseno of Office of Planning, Evaluation and Policy (OPEP), who thanked Sr. Nutritionist Zernicke for bringing forward the verification process for medical expenses. Her agency will be sharing it with the County Welfare Directors and has taken the proposal to the County Personnel Legislative Committee to see if they can garner support for it.

7. **Director’s Report: Jennifer Stephens-Pierre, AAA Director.** The Director said there will be signage for the November 4th meeting as it is in a different location. She passed around a sheet of the Commission’s Strategic Goals which the Commissioners had agreed on. She had the opportunity to attend the C4A retreat where the new CDA director Kim McCoy Wade discussed streamlining processes so that budgets get released earlier and providers paid on time. The C4A Annual Conference is next month in Los Angeles: the topics are how AAAs can prepare for the Area Plan, and the ADRC, Aging and Disability Resource Connection –
which is the foundation of the CA Master Plan on Aging and the “No Wrong Door” policy. Area Agencies on Aging are partnering with ILCs, Independent Living Centers, on this. Alameda County is one of nine certified ADRCs in California and is working now on recertification. She will keep the Commission updated as AAA meets with the two ILCs in Alameda County.

Budget update: for Alameda County AAA so far, the Area Plan and Title V budgets have been approved by the Board of Supervisors, the CalFresh budget is slated for approval, and SNAP-Ed is pending.

There will be a Commission mini-orientation on basics for new Commissioners, the Brown Act and Robert’s Rules of Order.

The Director introduced Lorena Briseno of OPEP to give an update on Public Charge. Back in August 2018, the Federal Government released a Final Rule on Public Charge expanding the definition to include benefits such as housing vouchers, CalFresh, and emergency Medi-Cal in determining eligibility for entry to the United States or to become a lawful permanent resident. Alameda County was one of the first U.S. counties to register opposition and joined in the California litigation. The Public Charge Final Rule has been temporarily blocked nationwide effective October 15th, by a Federal Court in N.Y., so the government will operate as before. Please be assured Alameda County is in the forefront in blocking this proposed regulation.

- Ombudsman Program Update: Lisa Brand, Interim Ombudsman Program Coordinator. The Director introduced Lisa Brand for the Ombudsman Program Update. The Ombudsman program will be contracted out starting November 1 – the contract budget is on the agenda for the Board of Supervisors on October 29th. AAA will dually run the program with Contra Costa and Solano Counties through November to give them an opportunity to increase staff, office space, and for training. The program is then turned over to them officially December 1, 2019.

Two out-of-class Alameda County employees have been hired to fill two Ombudsmen field positions – they have completed training and one is already certified and the other will be certified later this week. In the interim, they have been responding to the most urgent reports, such as early discharge and physical abuse. Longer term visits are being scheduled for people who come to their attention with multiple issues, though response is limited by the limited number of staff. If there are care issues in facilities, current staff can help initiate resident councils in those facilities to help resolve issues. They are trying to maximize their resources. They have a dedicated intake person to take calls – when that person is not available the state long-term care office has a 24-hour toll-free number that people can call.

The Advisory Commission on Aging Commissioners can assist with volunteer Ombudsman recruitment and with communicating the needs of the program. It requires 36 hours of formal training and they are required to be certified. They must volunteer twelve hours a month, at least two hours per week. The County is looking to establish a stipend to reimburse travel expenses.

AAA will monitor and is still responsible for the Ombudsman program after it is turned over to the contractor. The expectation is that the CDA allocation for Alameda County will be used for Alameda County, the provider will have an office and presence in Alameda County, and the provider will attend Advisory Commission meetings. Right now, there are four active
volunteers for the Ombudsman program, which needs about fifty volunteers. There was a suggestion to survey past volunteers to see why they drop off participating in the program.

8. **2021-2024 Area Plan Update: Delbert Walker, AAA SPS/Sr. Planner.** Sr. Planner Walker said a lot of work has been done but there is still a lot to do. The Agency is at the end of the community outreach phase for the planning process – public forums and focus groups have been held and there are individual write-ups on each session. The survey outreach is also completed, though there is still data to be entered and surveys are still being returned. They will be drafting the plan and bringing it back to the Commission to submit to the CA Department of Aging by May 1, 2020. The Director said a timeline will be provided to Commissioners. Commissioner Eisenberg reiterated the need for the ACA to review and provide feedback during the process.

- **Survey update: Jim Cunniff, Data Analyst.** Jim reported on the concerns of older adults, demographic issues, and raw data. Narrative answers aren’t shown in preliminary survey results yet. Home affordability is still the top concern. Mobility impairment was a top health concern. A copy of the preliminary survey is attached to these minutes. The next step is compiling the data. The information gathered will be used to create the Area Plan, on which the RFP process is based. This is the end of Phase II of the Area Plan planning process.

9. **Commission Subcommittee Reports**
   - **Executive Committee** – will meet at 8:45 am in November in usual room. Commissioner Taylor mentioned that this will be her next to last meeting as her term expires in December, and there is no Commission meeting in December.
   - **Legislative Advocacy** – Commissioner Kirsch said there is no report beyond Lorena Briseno’s legislative update. They also want to learn more about the California Senior Legislature. The Subcommittee will be meeting after this meeting.
   - **Public Relations/Senior Update** – They are waiting for feedback on a signature event, but from the data on the survey it looks like older adults are concerned about employment opportunities. The signature event could be a job fair. Staff Rivera said the ACA visit to Fremont Multi-Service Senior Center had to be changed to November 12th, 2019.
   - **Health & Safety** – Commissioner Miller has been very involved in the whistle project. As a literacy teacher, he has been involved with older adults in citizenship classes who have been very happy to receive the whistles for safety.

10. **Oral Communications/Announcements**
    - **Commissioners** – Commissioner Kirsch mentioned volunteering for the Healthy Living Festival, which he enjoyed. He also attended two Alzheimer’s Services of the East Bay Focus Groups and will be attending the October 29th Ashby Village and the UC Retirement Center event on safety devices for seniors.

    Commissioner Londono is gladly joining the Health Subcommittee. He announced he is leaving The Tibercio Vasquez Health Center after nineteen years to join the Alzheimer’s Association of The East Bay.

    Commissioner Price is excited to work with the Public Relations Subcommittee.
Commissioner Filardo attended the two-day training for seniors he described in September meeting and was very interested in the shared housing aspect. He also would like a card identifying staff who provide information at Commission meetings.

- **Staff**
  Director Stephens-Pierre mentioned in reply to Commissioner Filardo that business cards and name badges had been ordered for staff.

- **Public**
  Wendy Peterson of Senior Services Coalition wanted to remind people of the upcoming annual conference on November 1st. The theme is *Making the Difference: Leveraging Social Determinants - The Impact of Age-Friendly Change in Alameda County*, on the efforts underway in cities and at the county level to make age-friendly communities. She also has three complimentary tickets – see her after meeting.

  Joanne Kim-Selby. On September 24th Maaza Michael and Ramil Rivera conducted a public forum for Korean older adults at East Bay Korean Center. They are also working with UCSF in an Alzheimer research program. Twenty residents are participating.

  Kathy Rodrigues said her passion is to work with the elderly, and that as a senior citizen herself she hopes to help pave the way for younger people.

  Tanya Washington of United Seniors of Oakland and Alameda County thanked everyone who came out for the Healthy Living Festival, especially Howard Kirsch who volunteered the day before and the day of. United Seniors is having their third Senior Subcommittee here in Maxwell Park today, October 14th.

Meeting adjourned 11:50

**Please Note:** The November ACA meeting will be November 4th, Monday, at 9:30 am at Eastmont Branch Library on the 2nd Floor of Eastmont Town Center.
“With Home Match, I feel like we both benefit — Stella drives me to the grocery store and I cook. We enjoy sharing a meal together!”

Covia’s Portfolio of Programs

- Market Day
- Oak Center Towers
- Social Call
- St. Paul’s Towers
- Home Match
- Nutrition
- Well connected

Karen Coppock, Director, Home Match SF

May 10, 2019
The Golden Girls
$15
Minimum wage

190 = $2,854 avg. rent

hours

Source: https://www.rentcafe.com/average-rent-market-trends/us/ca/oakland/

$1461 Average Social Security benefit

= rent

Source: https://www.rentcafe.com/average-rent-market-trends/us/ca/oakland/
25% Live alone
30% Homeowners are housing burdened
33% Have 1+ disabilities

House rich / Cash poor

Source: ALAMEDA COUNTY PLAN FOR OLDER ADULTS, 2016-2017
Home Match – Home Sharing is awesome because:

High-touch, personalized, **free** service

- Screen all candidates
- **Match**: Compatibility
- Living Together Agreement
- On-going support

*Home Match is a program of a 50 year old non-profit*
Building community one home at a time

**Host:**
Owner-occupied home
Master tenant

**Home Seeker:**
Person seeking affordable housing

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**Magic is in the match**

- **Basics**
  - Rent
  - Location
  - Gender
  - Bathroom (pvt)
  - Furnished

- **Lifestyle**
  - Smoke, drink and/or marijuana
  - Pets
  - Cleanliness

- **Routine**
  - Time at home
  - Guests
  - Music/TV
  - Cook
  - Companionship / solitude
We accompany you on the entire journey

Screening:
- Application, Interview / Home Visit; Background check
- Income Verification

Matching

Meet & Decide; Reference Checks

Living Together Agreement – Move in

On-going support

Harmonious Match!!

Eligibility

Home Provider (owner/renter)
- Photo ID & SSN
- 3 References
- Pass a background check
- Evidence of home ownership or ability to rent

Home Seeker
- Photo ID & SSN
- 3 References
- Pass a background check
- Live, work or study in SF
- Earn <= $100K

Rents range from $700 - $1,300
**Home Match: A community-based approach to affordable housing**

- **171** affordable homes created
- **9** months avg. match length
- **3** years longest match length
- **$730** average rent

Offered in **four** Bay Area locations*, Home Match produces significant savings for all:

- Average renters **save $2,577 per month***
- Governments **save ~$765K per home created***

**WHO WE SERVE:**

**HOME PROVIDERS**
- Ages **51-95**
- Average age **72**
- **77%** Extremely Low to Low Income
- **23%** Moderate Income
- **4%** non-English speakers
- **44%** limited Internet access

**HOME SEEKERS**
- Ages **18-85**
- Average age **55**
- **7%** non-English speakers
- **26%** limited Internet access

WHO WE **SERVE**: 7,413 participants have received housing & resource counseling

*Marin County, San Francisco City & County, Contra Costa County, and the City of Fremont

*SF Housing Action Coalition estimates a cost of $765K/door for new affordable housing units. As of Nov 2018, the average rent for a 1-bedroom apt. in San Francisco is $3,294 (Rent Jungle)

**FOR MORE INFORMATION**

Must live, work, or go to school in the county being contacted:

510-574-2173 Tri-City (Fremont, Union City, Newark)
925-451-9890 Contra Costa
415-456-9068 Marin
415-351-1000 SF

www.covia.org/services/home-match
www.homematchsf.org

Home Match SF is in partnership with Northern California Presbyterian Homes and Services and receives funding from the SF Mayor’s Office of Housing and Community Development.
2019 Alameda County Survey for Older Adults
Preliminary Survey Results
October 14, 2019

Table 1: When did survey results come in?

<table>
<thead>
<tr>
<th>Month</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>March</td>
<td>382</td>
<td>6%</td>
</tr>
<tr>
<td>April</td>
<td>323</td>
<td>5%</td>
</tr>
<tr>
<td>May</td>
<td>745</td>
<td>12%</td>
</tr>
<tr>
<td>June</td>
<td>556</td>
<td>9%</td>
</tr>
<tr>
<td>July</td>
<td>505</td>
<td>8%</td>
</tr>
<tr>
<td>Aug</td>
<td>1013</td>
<td>17%</td>
</tr>
<tr>
<td>Sept</td>
<td>2199</td>
<td>37%</td>
</tr>
<tr>
<td>Oct</td>
<td>255</td>
<td>4%</td>
</tr>
<tr>
<td>Total</td>
<td>5978</td>
<td>100%</td>
</tr>
</tbody>
</table>

Table 2: How did Survey Participants hear about the survey

<table>
<thead>
<tr>
<th>Source</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>IHSS mailing</td>
<td>2916</td>
<td>49%</td>
</tr>
<tr>
<td>SSA Website</td>
<td>1576</td>
<td>26%</td>
</tr>
<tr>
<td>City of Fremont</td>
<td>229</td>
<td>4%</td>
</tr>
<tr>
<td>Other Mail</td>
<td>215</td>
<td>4%</td>
</tr>
<tr>
<td>County Fair</td>
<td>215</td>
<td>4%</td>
</tr>
<tr>
<td>Local papers</td>
<td>162</td>
<td>3%</td>
</tr>
<tr>
<td>AAA Lobby</td>
<td>183</td>
<td>3%</td>
</tr>
<tr>
<td>Other</td>
<td>482</td>
<td>8%</td>
</tr>
<tr>
<td>Total</td>
<td>5978</td>
<td>100%</td>
</tr>
</tbody>
</table>

Table 3: Race/ Ethnicity: 60+ pop. compared to Survey Participants

<table>
<thead>
<tr>
<th>Race/ Ethnicity</th>
<th># Survey</th>
<th>% Survey w known race/ethnicity</th>
<th>% Total Pop. 60+</th>
</tr>
</thead>
<tbody>
<tr>
<td>White</td>
<td>1722</td>
<td>34%</td>
<td>49%</td>
</tr>
<tr>
<td>Asian or Pacific Islander</td>
<td>1870</td>
<td>37%</td>
<td>25%</td>
</tr>
<tr>
<td>Black</td>
<td>877</td>
<td>18%</td>
<td>12%</td>
</tr>
<tr>
<td>Hispanic</td>
<td>461</td>
<td>9%</td>
<td>11%</td>
</tr>
<tr>
<td>Am Indian/Alaska</td>
<td>69</td>
<td>1.4%</td>
<td>0.2%</td>
</tr>
<tr>
<td>Native</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### Table 4: Language of Survey Participants

<table>
<thead>
<tr>
<th>Language</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>3264</td>
<td>72%</td>
</tr>
<tr>
<td>Chinese</td>
<td>848</td>
<td>19%</td>
</tr>
<tr>
<td>Spanish</td>
<td>181</td>
<td>4%</td>
</tr>
<tr>
<td>Tagalog/Filipino</td>
<td>91</td>
<td>2%</td>
</tr>
<tr>
<td>Vietnamese</td>
<td>84</td>
<td>2%</td>
</tr>
<tr>
<td>Korean</td>
<td>78</td>
<td>2%</td>
</tr>
<tr>
<td>Indian</td>
<td>51</td>
<td>1%</td>
</tr>
<tr>
<td>Other</td>
<td>170</td>
<td>4%</td>
</tr>
<tr>
<td>missing</td>
<td>1211</td>
<td>27%</td>
</tr>
</tbody>
</table>

### Table 5: Income of Survey Participants

<table>
<thead>
<tr>
<th>Income</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>$0 - $11,770</td>
<td>1832</td>
<td>38%</td>
</tr>
<tr>
<td>$11,771 - $17,500</td>
<td>491</td>
<td>10%</td>
</tr>
<tr>
<td>$17,501 - $26,000</td>
<td>411</td>
<td>9%</td>
</tr>
<tr>
<td>$26,001 - $35,000</td>
<td>380</td>
<td>8%</td>
</tr>
<tr>
<td>$35,001 - $45,000</td>
<td>333</td>
<td>7%</td>
</tr>
<tr>
<td>$45,001 - $60,000</td>
<td>334</td>
<td>7%</td>
</tr>
<tr>
<td>$60,001 - $85,000</td>
<td>379</td>
<td>8%</td>
</tr>
<tr>
<td>$85,000 and above</td>
<td>665</td>
<td>14%</td>
</tr>
<tr>
<td>missing</td>
<td>1153</td>
<td>19%</td>
</tr>
</tbody>
</table>

### Table 6: Age of Survey Participants

<table>
<thead>
<tr>
<th>Age Group</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>55-64</td>
<td>1631</td>
<td>29%</td>
</tr>
<tr>
<td>65-74</td>
<td>1949</td>
<td>35%</td>
</tr>
<tr>
<td>75-84</td>
<td>1327</td>
<td>24%</td>
</tr>
<tr>
<td>85+</td>
<td>679</td>
<td>12%</td>
</tr>
<tr>
<td>missing</td>
<td>392</td>
<td>7%</td>
</tr>
<tr>
<td>Grand Total</td>
<td>5978</td>
<td>100%</td>
</tr>
</tbody>
</table>

Median age= 70
### Table 7: Survey Participants by City compared to Senior Population from City

<table>
<thead>
<tr>
<th>City</th>
<th>Total Pop. 60+</th>
<th>% Total City Pop.</th>
<th># Survey</th>
<th>% Survey</th>
<th>% of county 60+</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alameda</td>
<td>19,041</td>
<td>24.1%</td>
<td>444</td>
<td>7.5%</td>
<td>5.8%</td>
</tr>
<tr>
<td>Albany</td>
<td>3,796</td>
<td>19.5%</td>
<td>41</td>
<td>0.7%</td>
<td>1.2%</td>
</tr>
<tr>
<td>Ashland</td>
<td>3,381</td>
<td>14.3%</td>
<td>18</td>
<td>0.3%</td>
<td>1.0%</td>
</tr>
<tr>
<td>Berkeley</td>
<td>24,190</td>
<td>19.9%</td>
<td>377</td>
<td>6.4%</td>
<td>7.4%</td>
</tr>
<tr>
<td>Castro Valley</td>
<td>16,153</td>
<td>24.6%</td>
<td>153</td>
<td>2.6%</td>
<td>4.9%</td>
</tr>
<tr>
<td>Cherryland</td>
<td>2,424</td>
<td>15.3%</td>
<td>14</td>
<td>0.2%</td>
<td>0.7%</td>
</tr>
<tr>
<td>Dublin</td>
<td>9,043</td>
<td>14.1%</td>
<td>179</td>
<td>3.0%</td>
<td>2.7%</td>
</tr>
<tr>
<td>Emeryville</td>
<td>2,256</td>
<td>18.2%</td>
<td>43</td>
<td>0.7%</td>
<td>0.7%</td>
</tr>
<tr>
<td>Fairview</td>
<td>2,624</td>
<td>24.3%</td>
<td>7</td>
<td>0.1%</td>
<td>0.8%</td>
</tr>
<tr>
<td>Fremont</td>
<td>43,301</td>
<td>18.6%</td>
<td>854</td>
<td>14.4%</td>
<td>13.2%</td>
</tr>
<tr>
<td>Hayward</td>
<td>28,709</td>
<td>17.8%</td>
<td>487</td>
<td>8.2%</td>
<td>8.7%</td>
</tr>
<tr>
<td>Livermore</td>
<td>17,782</td>
<td>19.8%</td>
<td>140</td>
<td>2.4%</td>
<td>5.4%</td>
</tr>
<tr>
<td>Newark</td>
<td>8,968</td>
<td>18.7%</td>
<td>119</td>
<td>2.0%</td>
<td>2.7%</td>
</tr>
<tr>
<td>Oakland</td>
<td>83,230</td>
<td>18.6%</td>
<td>1862</td>
<td>21.4%</td>
<td>25.3%</td>
</tr>
<tr>
<td>Piedmont</td>
<td>3,487</td>
<td>31.3%</td>
<td>29</td>
<td>0.5%</td>
<td>1.1%</td>
</tr>
<tr>
<td>Pleasanton</td>
<td>17,003</td>
<td>21.4%</td>
<td>294</td>
<td>5.0%</td>
<td>5.2%</td>
</tr>
<tr>
<td>San Leandro</td>
<td>20,740</td>
<td>22.9%</td>
<td>517</td>
<td>8.7%</td>
<td>6.3%</td>
</tr>
<tr>
<td>San Lorenzo</td>
<td>5,343</td>
<td>20.8%</td>
<td>87</td>
<td>1.5%</td>
<td>1.6%</td>
</tr>
<tr>
<td>Sunol</td>
<td>286</td>
<td>28.8%</td>
<td>6</td>
<td>0.1%</td>
<td>0.1%</td>
</tr>
<tr>
<td>Union City</td>
<td>15,079</td>
<td>20.3%</td>
<td>252</td>
<td>4.3%</td>
<td>4.6%</td>
</tr>
</tbody>
</table>

### Table 8: Gender of Survey Participants

<table>
<thead>
<tr>
<th>Gender</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>1581</td>
<td>30%</td>
</tr>
<tr>
<td>Female</td>
<td>3706</td>
<td>70%</td>
</tr>
<tr>
<td>Trans</td>
<td>9</td>
<td>0.2%</td>
</tr>
<tr>
<td>Genderqueer/Gender Non-binary</td>
<td>17</td>
<td>0.3%</td>
</tr>
<tr>
<td>Declined to state/missing</td>
<td>552</td>
<td>9%</td>
</tr>
</tbody>
</table>
Table 9: Sexual Orientation or Identity of Survey Participants

<table>
<thead>
<tr>
<th>Sexual Orientation</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Straight/Heterosexual</td>
<td>4240</td>
<td>93%</td>
</tr>
<tr>
<td>Gay/Lesbian/Same-gender Loving</td>
<td>192</td>
<td>4%</td>
</tr>
<tr>
<td>Bisexual</td>
<td>89</td>
<td>2%</td>
</tr>
<tr>
<td>Questioning/Unsure</td>
<td>32</td>
<td>1%</td>
</tr>
<tr>
<td>Declined to state/missing</td>
<td>1373</td>
<td>23%</td>
</tr>
</tbody>
</table>

Table 10: Priority Concerns by Income Level

<table>
<thead>
<tr>
<th>Concern</th>
<th>&lt; $35K % rated &quot;4&quot; or &quot;5&quot;</th>
<th>&gt; $35K % rated &quot;4&quot; or &quot;5&quot;</th>
</tr>
</thead>
<tbody>
<tr>
<td>Having enough income to save</td>
<td>64%</td>
<td>45%</td>
</tr>
<tr>
<td>Being able to afford housing</td>
<td>58%</td>
<td>45%</td>
</tr>
<tr>
<td>Having enough income to meet all basic needs</td>
<td>59%</td>
<td>43%</td>
</tr>
<tr>
<td>Being able to stay in home</td>
<td>54%</td>
<td>49%</td>
</tr>
<tr>
<td>Having the ability to maintain home</td>
<td>52%</td>
<td>47%</td>
</tr>
<tr>
<td>Falling</td>
<td>54%</td>
<td>34%</td>
</tr>
<tr>
<td>Being included in decisions</td>
<td>40%</td>
<td>47%</td>
</tr>
<tr>
<td>Being able to prepare healthy food</td>
<td>39%</td>
<td>29%</td>
</tr>
<tr>
<td>Ability to financially support dependents</td>
<td>36%</td>
<td>33%</td>
</tr>
<tr>
<td>Feeling anxious</td>
<td>36%</td>
<td>24%</td>
</tr>
<tr>
<td>Confusion</td>
<td>35%</td>
<td>21%</td>
</tr>
<tr>
<td>Finding a health care provider</td>
<td>33%</td>
<td>23%</td>
</tr>
<tr>
<td>Personal safety</td>
<td>32%</td>
<td>23%</td>
</tr>
<tr>
<td>Ability to be a caregiver</td>
<td>28%</td>
<td>28%</td>
</tr>
<tr>
<td>Being isolated</td>
<td>25%</td>
<td>19%</td>
</tr>
<tr>
<td>Being valued</td>
<td>22%</td>
<td>19%</td>
</tr>
</tbody>
</table>

Table 11: Top 5 Resources Available by Income Level

<table>
<thead>
<tr>
<th>Top 5 Resources Available</th>
<th>% Yes &lt; $35K</th>
<th>% Yes &gt; $35K</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health services that are culturally appropriate and in a</td>
<td>86%</td>
<td>94%</td>
</tr>
<tr>
<td>language you understand</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Places to socialize that are welcoming</td>
<td>82%</td>
<td>93%</td>
</tr>
<tr>
<td>Information about news and events in a language you understand</td>
<td>79%</td>
<td>95%</td>
</tr>
<tr>
<td>Fresh vegetables and fruit that you can afford</td>
<td>80%</td>
<td>89%</td>
</tr>
<tr>
<td>A trusted source to go to when you have a need</td>
<td>81%</td>
<td>87%</td>
</tr>
</tbody>
</table>
### Table 12: Top 5 Resources Unavailable

<table>
<thead>
<tr>
<th>Top 5 Resources Unavailable</th>
<th>% No &lt; $35K</th>
<th>% No &gt; $35K</th>
</tr>
</thead>
<tbody>
<tr>
<td>Job opportunities</td>
<td>70%</td>
<td>53%</td>
</tr>
<tr>
<td>Affordable housing</td>
<td>36%</td>
<td>49%</td>
</tr>
<tr>
<td>Opportunities to participate in comm. decisions</td>
<td>47%</td>
<td>14%</td>
</tr>
<tr>
<td>A computer that you feel comfortable using</td>
<td>46%</td>
<td>13%</td>
</tr>
<tr>
<td>Opportunities to volunteer</td>
<td>45%</td>
<td>10%</td>
</tr>
</tbody>
</table>

### Table 13: Reported ADL limitations by Age Group

<table>
<thead>
<tr>
<th>Limitation</th>
<th>55-64</th>
<th>65-74</th>
<th>75-84</th>
<th>85+</th>
<th>missing</th>
<th>Overall</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mobility</td>
<td>28%</td>
<td>33%</td>
<td>51%</td>
<td>75%</td>
<td>36%</td>
<td>33%</td>
</tr>
<tr>
<td>Hearing</td>
<td>14%</td>
<td>21%</td>
<td>39%</td>
<td>67%</td>
<td>21%</td>
<td>22%</td>
</tr>
<tr>
<td>Vision</td>
<td>23%</td>
<td>21%</td>
<td>32%</td>
<td>47%</td>
<td>23%</td>
<td>22%</td>
</tr>
<tr>
<td>Memory Loss</td>
<td>14%</td>
<td>13%</td>
<td>25%</td>
<td>45%</td>
<td>15%</td>
<td>16%</td>
</tr>
<tr>
<td>Other limit</td>
<td>7%</td>
<td>8%</td>
<td>7%</td>
<td>6%</td>
<td>4%</td>
<td>7%</td>
</tr>
<tr>
<td>Age group total</td>
<td>1356</td>
<td>1639</td>
<td>1033</td>
<td>512</td>
<td>311</td>
<td>5978</td>
</tr>
</tbody>
</table>

### Table 14: Reported Health Issues by Age Group

<table>
<thead>
<tr>
<th>Health Issue</th>
<th>55-64</th>
<th>65-74</th>
<th>75-84</th>
<th>85+</th>
<th>missing</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arthritis</td>
<td>29%</td>
<td>32%</td>
<td>42%</td>
<td>47%</td>
<td>26%</td>
<td>35%</td>
</tr>
<tr>
<td>Diabetes</td>
<td>17%</td>
<td>22%</td>
<td>25%</td>
<td>26%</td>
<td>16%</td>
<td>21%</td>
</tr>
<tr>
<td>Other issues</td>
<td>16%</td>
<td>15%</td>
<td>17%</td>
<td>17%</td>
<td>10%</td>
<td>16%</td>
</tr>
<tr>
<td>Heart Disease</td>
<td>8%</td>
<td>11%</td>
<td>19%</td>
<td>27%</td>
<td>9%</td>
<td>14%</td>
</tr>
<tr>
<td>Asthma</td>
<td>12%</td>
<td>10%</td>
<td>11%</td>
<td>13%</td>
<td>9%</td>
<td>11%</td>
</tr>
<tr>
<td>Obesity</td>
<td>12%</td>
<td>12%</td>
<td>8%</td>
<td>5%</td>
<td>6%</td>
<td>10%</td>
</tr>
<tr>
<td>Cancer</td>
<td>4%</td>
<td>7%</td>
<td>9%</td>
<td>9%</td>
<td>6%</td>
<td>7%</td>
</tr>
<tr>
<td>Stroke</td>
<td>4%</td>
<td>5%</td>
<td>9%</td>
<td>7%</td>
<td>4%</td>
<td>6%</td>
</tr>
<tr>
<td>Age group total</td>
<td>1356</td>
<td>1639</td>
<td>1033</td>
<td>512</td>
<td>311</td>
<td>5978</td>
</tr>
</tbody>
</table>
ANNUAL HOLIDAY BASKETS

Each year, the Advisory Commission on Aging (ACA) and the Area Agency on Aging (AAA), along with valued volunteers, prepare and deliver gift baskets, filled with holiday food and household items, to our isolated Older Adults and people with disabilities.

There are many ways to help:

- Refer a client to the program
- Volunteer to help assemble and pack up
- Volunteer to drive and deliver Holiday Gift Baskets
- Contribute funds for the purchase of food
- Donate food or gift items

Monetary Donations:
make checks payable
to SOS Meals on Wheels &
mail to Area Agency on Aging
6955 Foothill Blvd. Ste. 300,
Oakland 94605
Questions, contact Mary
Louise Zernicke
mzernick@acgov.org

Client referrals:
email
maureen.schulz@acgov.org
for a referral form

Volunteer:
Basket Assembly & Delivery
Wed. 12/18 & Thurs. 12/19
diarra.piggue@acgov.org
to sign up

Senior Information & Assistance  (800) 510-2020
http://seniorinfo.acgov.org
Alameda County Area Agency on Aging
DECEMBER HOLIDAY BASKETS
Referral Forms Due by Friday, December 13, 2019
Return forms to maureen.schulz@acgov.org

Thanks for your assistance in making this year’s Holiday Basket Project as successful as last year. We need your thoughtful referrals of:

- seniors age 60+, and/or
- disabled adults
- individuals who will not be receiving help from any other source and who need the food we will deliver.

Please contact your client for consent before you refer him/her to us. Staff at our office will call and confirm client’s eligibility. Please inform client that the delivery date is Thursday, December 19. If no one is home to accept the holiday basket, it will be given to another senior in need.

Please print legibly and indicate the following details.
Before submitting this form, please verify these details with the client and verify that he/she would like a basket. Thank you.

Name of Client:

Client’s Phone Number:

Client’s Address/City/Zip: / / Special Instructions (cross street, gate access info, etc.):

Residence:

- Adults___ / Teens___ / Children 12 & under __

Can the client cook? YES ☐ NO ☐

Please describe any Special Dietary Needs or Food Requests

Reason for Referral – Brief Description of Circumstances/Need:

Referred by:
Agency/Position:
Phone:

Are you available to deliver the food basket? Yes ☐ or No ☐

Questions? Call Maureen Schulz (510) 577–3530
AGENDA

ADVISORY COMMISSION ON AGING

HEALTH & SAFETY COMMITTEE
Monday, November 4, 2019
IMMEDIATELY AFTER COMMISSION MEETING

1. Call to order.

2. Roll Call (Sign in sheet)

3. Consent Calendar
   A. Review of Agenda
   B. Approval of Minutes

4. Update on “Whistle Project”

5. Other

Adjournment
Commissioners Present: Committee Chair John Miller, Vice Chair Royce Johnson and Commissioner Carlos Londono
Staff Present: Diarra Piggue, Carol Powers and Maaza Michael

1. The meeting was called to order at 12:12 PM, those present were asked to sign in.

2. Welcomed the Commissioner Carlos Londono as new committee member.

3. Maaza, staff, reported to the committee that when all the whistles are packaged, they will be distributed. Currently the Department is shorthanded and is depending on the intern to package which created a bottleneck on distributing the whistle.

4. Brainstormed on the committee’s next project.

   ➢ To attend the October 29, 2019 UC Berkeley conference and investigate what the committee will take as the next project.

Meeting was adjourned at 12:25 PM

The next meeting of the Health & Safety Committee will be held immediately after the Commission Meeting on Monday, November 4, 2019 in the Oakland Library 6955 Foothill Blvd. Second Floor, Oakland, CA 94605.
AGENDA

ADVISORY COMMISSION ON AGING

Legislative Advocacy Committee (LAC)
Monday November 4, 2019

IMMEDIATELY AFTER COMMISSION MEETING

1. Call to Order
2. Approval of Minutes
3. LAC Priorities: 2019-20
4. CSL Follow Up
5. Legislative Bills – Lorena
   a. Current bills, including Public Charge
6. Council for Age Friendly Communities Updates
7. Senior Services Coalition Update
   • Master Plan on Aging
   • Making A Difference Conference
8. Other Federal, State and Local Issues and Updates
   • OAA Reauthorization
9. Other agenda and next meeting agenda
Commissioners Present: Donna Ireland, Eric Eisenberg, Howard Kirsch

Members Present: Wendy Peterson, Lorena Brisiono

Staff Present: Mary Louise Zernicke

CSL Members Present: None

1. Call to Order: The meeting was called to order at 11:55. The October Agenda was distributed and approved.

2. September minutes were approved (Eisenberg/Ireland) Howard Kirsch chaired the meeting because Helen Buckholz was absent.

3. Donna will send the latest version of the LAC priorities to the group. There was discussion about the importance of developing the priorities in conjunction with those of the ACA and Alameda County. Lorena reviewed the need to align with the AC2026 goals and will send to the group: Go to Vision 2026 link: https://vision2026.acgov.org/index.page. This will be an agenda item for discussion at our next meeting.

4. Lorena reviewed the process for getting support from Alameda County for proposed bills.

   All proposed bills must be vetted by the Office of Policy, Evaluation and Planning Office (OPEP). This office crafts and forwards bills that align with Alameda County’s interests and priorities.

   A Legislative Position Request Form must be completed and sent to Lorena for review. She will then submit that to the Personnel, Administration, and Legislation (PAL) Committee, which meets every Monday. The proposed legislation or support of someone else’s proposed bill then moves forward, assuming it fits with AC priorities, ultimately to the Board of Supervisors.
Once the BOS has given their stamp of approval, a proposed bill will show that it has been endorsed by Alameda County.

Lorena also will create a list of bills affecting older adults for our monthly LAC meetings. This list includes any bills that Alameda County has a position on, but also includes proposals from other sources for our committee to review and consider. The LAC wants to make sure all bills we spend energy supporting align with our LAC priorities so we don’t spin our wheels.

The legislative session is just beginning so the committee should expect a slew of proposed bills for our consideration. Committee members may also bring in ideas that can originate with our LAC.

Lorena also updated the committee on the blocking of ‘public charge’ by a federal judge in New York, and others. More to come…..

5. The Senior Services Coalition (SSC) will be hosting their annual conference, Making a Difference, on November 1. There are three slots for commissioners, so let Wendy know if you need a scholarship.

The first Master Plan on Aging meeting was attended by several members of LAC online. It was basically an orientation to the issues pertinent to older adults for all committee members.

8. The Older Americans Act reauthorization has passed the house but the senate has still not passed a budget. The house version provides additional funding for OAA services. There was a continuing resolution in the senate

Legislative Priorities 3-12-18

1. Protect funding for State Health Insurance Assistance Program (SHIP, known as HICAP in California).

2. Protect and increase funding for Area Agency on Aging (AAA) Programs.

2+. Reduce nutrition insecurity for seniors.

3. Protect and increase funding available to develop and support affordable, accessible, and integrated housing options for seniors and persons with disabilities.

3+. Protect and enhance support to preserve housing and prevent eviction for seniors and dependent adults who are victims of abuse or neglect.
No meeting today as some Commissioners and staff were unable to attend.
MINUTES

ADVISORY COMMISSION ON AGING
PUBLIC RELATIONS/ SENIOR UPDATE
Monday, October 14, 2019

Commissioner(s) Present: Christine Sevier, Barbara Price

Staff Present: Ramil Rivera

1. The meeting was called to order by Commissioner Sevier.

2. 2019 Commission Site Visits:
   A. Fremont Senior Center site visit was changed from November 5, time at 10:00am to Tue, November 12, 2019 at 10:00am.
   B. Ramil will email the Commissioners about this change and solicit attendance.

3. Pending direction from AAA Director and Advisory Chair for Signature Event. At current, only idea available is a job fair.

4. Senior Update Newsletter
   A. Ramil provided copies of the Oct, Nov, Dec 2019 Senior Update Newsletter to the Commissioners for distribution to their respective communities.
   B. Ramil will send article submission email for the Jan, Feb, Mar 2020 newsletter.
   B. Article submission due date is December 3, 2019.
   C. The newsletters will be published in January 2020.

The next meeting of the Public Relations/Senior Update Committee will be held before the Commission Meeting on Monday, January 13, 2020 in the Maxwell Park Conference Room, 6955 Foothill Blvd. First Floor, Suite 137 Oakland, CA 94605.

NOTE: Staff – Ramil will be out of the office Nov. 4-8, 2019.