Public participation at Commission meetings is encouraged. We request that individuals limit their comments on any single item on the agenda to three minutes. The chosen spokesperson for a group may speak for five minutes.

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<tr>
<td>1. Call to Order</td>
<td>9:30 – 9:30</td>
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<td>2. Consent Calendar</td>
<td>9:30 – 9:35</td>
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<td>3. Comments from the Public for Items not on Agenda</td>
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<td>4. Comments from Donna Ireland, Chair</td>
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<td>5. Council for Age Friendly Communities Updates</td>
<td>9:50 – 9:55</td>
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<td>7. Presentation: Speaker, Nicole Howell, Executive Director, Ombudsman Services of Contra Costa, Solano and Alameda</td>
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<td>10. Oral Communications/Announcements</td>
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Commissioners Present: Donna Ireland - Chair, John Miller - Vice Chair, Dom Filardo, Royce Johnson, Howard Kirsch, Christine Sevier, Barbara Price, Laura McMichael-Cady

Commissioners Excused (Absent): Helen Buckholz, Donna Murphy, Sylvia Stadmire, Sarah Kim-Lee, Regina Silbert, Eric Eisenberg, Carlos Londono

Staff Present: Jennifer Stephens-Pierre, Delbert Walker, Lisa Brand, Mary Louise Zernicke, Maaza Michael, Jose Villaflor, Ramil Rivera, Diarra Piggue, Maureen Schulz, Hema Patel, Belinda Llaguno, Constance Ghee-Young, Martha Evans

1. CALL TO ORDER
   ACA Chair Donna Ireland called the meeting to order at 9:35 am.

2. CONSENT CALENDAR
   A. Review of Agenda – Motion to approve the agenda as presented.
      (M) Howard Kirsch
      (S) Dom Filardo
      Approved.
   
   B. Approval of Minutes – Motion to approve the minutes of October 14, 2019 as presented.
      (M) Dom Filardo
      (S) Laura McMichael-Cady
      Abstained: Chair Ireland
      Approved.

3. COMMENTS FROM THE PUBLIC FOR ITEMS NOT ON AGENDA – No comments.

4. Comments from Chair Donna Ireland:
   The Executive Committee met and discussed these topics:
   A. California Senior Legislature Representation and Requirements
   B. Countywide Area Plan for Older Adults
   C. Orientation for New Commissioners
   D. Ombudsman Program
   E. ACA Signature Event – Public Relations Sub-committee to take the lead once Committee Chair Silbert returns. Good ideas have been suggested for the signature event which will be discussed at a later meeting.

   Chair Ireland discussed the Holiday Food Baskets and how Commissioners support this program and introduced Sr. Nutritionist Zernicke to elaborate.

5. Holiday Food Baskets – Mary Louise Zernicke, Sr. Nutritionist
Zernicke explained that Holiday Food Baskets support community members who cannot get food through other programs. Commissioners play a key role in assisting financially and with distribution, for example, driving and delivering usually three or four boxes to assigned destinations in the driver’s geographic area. Checks should be made out to SOS Meals on Wheels – envelopes were passed around the meeting. People, usually staff, start packing boxes Wednesday, December 18 before delivering them on Thursday, December 19. Drivers should report at noon on the December 19 – it will take approximately two hours of their time. If you have referrals and know someone who would benefit, make sure with person is okay with receiving the basket and will be home on the December 19. Inquiries should go to Maureen and Diarra at Senior Information at 1-800-510-2020 or 510-577-3530. All Commissioners will receive the poster handout in color.


Director Stephens-Pierre explained that LAS is a service and resource available to Alameda County older adults and is funded by AAA through the Federal and County funds. **Speaker Pardini** talked about the Medicare program and options for older adults. She explained that Legal Assistance for Seniors educates the community on “HICAP” - the Health Insurance Counseling & Advocacy Program, which provides community education, individual counseling, and advocacy to Medicare beneficiaries about Medicare, Supplemental Insurance, Prescription Drugs and Medicare Advantage plans, Long Term Care Insurance, Medicare Appeals, and Low Income Assistance programs. **Medicare** is Federal Government Health Insurance with no financial eligibility requirements and **Open Enrollment** is until December 7. Anyone who has Medicare can call LAS and get help understanding Medicare and how it works. **There is a fast track for conditions like renal failure, Lou Gehrig’s Disease, and other conditions.** Ms. Pardini explained the four parts to Medicare coverage, the difference between original Medicare and Medicare Advantage or HMO, and Medicare with Medi-gap coverage. Medicare doesn’t pay in-home support services. For Part D, California has 32 stand-alone plans. Eight plans are benchmark plans with lower premiums and 24 are standard plans. All plans have pharmacy networks and drug formularies. Ms. Pardini explained that people become eligible for Medicare at age 65, and there is a penalty if you don’t join within the appropriate period, three months before, the month of, and three months after you turn 65.

7. **Director’s Report: Jennifer Stephens-Pierre, AAA Director**

The AAA Director reported that all budgets submitted to the Board of Supervisors have been approved. The last one is SNAP-Ed and the Director will update on the status next month. In April or May, the AAA will have a budget meeting for providers. Commissioners who want to sit in will be invited to attend.

**ADRC update:** The Aging and Disability Resource Center (ADRC) is funded by a federal government grant providing for County certification. Alameda County is going through the recertification process. The funding could range from $300,000 to $400,000 additional funds to be distributed in our community. Director Stephens-Pierre will be meeting with California Department of Aging (CDA) November 7 to discuss recertification. Coming up: Director Stephens-Pierre and staff will attend the California Association of Area Agencies on Aging (C4A) conference. Kimberly Wade, Acting Director of CDA, is one of the speakers and can discuss the CDA vision as well as give direction to Area Agencies.

**Ombudsman Program Update:** On October 29, 2019, the Board of Supervisors approved a contract for ombudsman services as of November 1 with Ombudsman
Services of Contra Costa, Solano, and now Alameda County. As of December, it will not be a direct service of the County. The new Ombudsman Executive Director has been asked to address the Commissioners at the January ACA meeting. Director will ask what Commissioners can do for her/them and to clarify what kind of help they need to recruit more volunteers.

Lisa Brand reported that both out of class Ombudsman have been certified. The four active volunteers are truly good though they could use a computer volunteer. Commissioner Kirsch asked if there were any recruitment materials for the Ombudsman program that Commissioners could distribute. The Director said that Ombudsman Recruitment advertising is included the AAA budget for the Ombudsman program.

Funding: The Director said AAA gets most of its funding through the Older Americans Act and that the Act has been reauthorized. Director Stephens-Pierre will get more information and report back to ACA in January.

December Commission Meeting: Director Stephens-Pierre announced that the Advisory Commission on Aging is not meeting in December 2019.

8. 2021-2024 Area Plan Update: Delbert Walker, AAA SPS/Sr. Planner

Survey update: Regarding the County-wide Area Plan for Older Adults, outreach has been completed and survey data input will close out this week. AAA will begin analyzing the data which will be used to inform the plan. Information from key informant interviews, based on emerging trends in the data including topics like opportunities for employment, income, and isolated older adults is desired for the plan. Approximately 6,500 surveys have been entered in Survey Monkey. The plan is to bring drafts before the Commission in February and in March before submitting to the Board of Supervisors for the April 7, 2020 meeting. AAA will work with the Age-Friendly Council and Advisory Commission as drafts are developed.

9. California Senior Legislature (CSL): Mary Louise Zernicke

CSL Overview: Sr. Nutritionist Zernicke explained that the CSL is a parallel legislature to the California State Legislature. Alameda County is allocated four positions - one Senator, and three Assembly members. They meet statewide and develop proposals for legislative recommendation before ultimately deciding on the top 10. The CSL submits the top 10 proposals to the California State Legislature for consideration as Assembly and Senate Bills. In the past few years there was a lack of funding but now there is more funding and CSL is regenerating. AAA has two CSL members – Commissioner Stadmire and George Tucker, so there are two vacancies. There is a meeting once a year in Sacramento and then monthly regional meetings in San Leandro. If you would like to be involved contact Director Stephens-Pierre, Sr. Planner Walker or Sr. Nutritionist Zernicke indicating your interest.

10. Commission Subcommittee Reports
   A. Executive Committee – Report given earlier.
   B. Legislative Advocacy – Commissioner Kirsch said they talked about process and how to decide what legislation they want to support and are meeting today.
   C. Public Relations/Senior Update – No Report.
   D. Health & Safety – Whistle project completed.
11. **Oral Communications/Announcements**

A. **Commissioners:**
   - Commissioner Miller thanked Jennifer Pardini for an outstanding presentation and said he learned a lot.
   - Commissioner Price said she liked the presentation as the process is overwhelming.
   - Commissioner Filardo asked for a copy of the presentation.
   - Commissioner Johnson was happy that there are no concerns and is looking forward to working with SOS Meals on Wheels for the Holiday Food Baskets.
   - Commissioner Kirsch went to the Senior Services Coalition Conference Making a Difference and recommended the speaker, Louise Aronson, author of Elderhood, as a potential Speaker for an ACA meeting.
   - Commissioner Ireland thanked Staff Zernicke, Piggue and Schulz for their annual work on food baskets.

B. **Staff:**
   - Staff Piggue announced the November 15 Round Table meeting at 9:30 am in Sobrante Park – will have annual Medicare Update.
   - Staff Zernicke thanked Meals on Wheels Alameda County for all their good work.

C. **Public:**
   - Cathy Rodrigues would like to see a presentation to the Commission on the Public Guardian program and how the Social Services Agency deals with families. Director Stephens-Pierre said the Public Guardian has court oversight and she is happy to consider having a community-based organization speaker in the future. Commissioner Filardo urged people to put concerns in writing and bring them to meetings.

**Note:** The January 2020 ACA meeting will be Monday, January 13 at 9:30 am in the Maxwell Park Conference Room, Suite 137, 6955 Foothill Blvd, Oakland, California 94605.
AGENDA

ADVISORY COMMISSION ON AGING

Executive Committee Meeting
Monday, January 13, 2020
8:45am

Maxwell Park Conference Room
6955 Foothill Blvd. Suite 137
Oakland, CA 94605

1. Review of Executive Committee Agenda/Approval of Minutes

2. Program Updates
   - ADRC
   - Contracts
   - Budgets
   - Ombudsman

3. Membership Updates
   - Review of roster, needed updates
   - Retreat
   - Commissioner openings

4. Signature Event: Event, Location, and Date, Subcommittee Updates

5. 2021-2024 Area Plan: Ad Hoc Planning Committee: Updates
   - Survey Summary
   - Timeline for review

6. Future Discussion Items
AGENDA
ADVISORY COMMISSION ON AGING

Executive Committee Minutes
Monday November 4, 2019
8:45am

Eastmont Branch Library Suite 211
Eastmont Town Center, Oakland

Commissioner Present: Donna Ireland and John Miller
Staff Present: Jennifer Stephens-Pierre and Delbert Walker

1. California Senior Legislature Appointments (CSL)
   Committee discussed the requirements of CSL and confirmed the number of seats held by Alameda County ACA.

2. 2021-2024 Area Plan: Ad Hoc Planning Committee (Updates):
   - Update on Survey results
   - Informant Interviews

   Senior Planner, Delbert, reported the community feedback phase of the plan (surveys, focus groups, and public forums) will close on November 30th. Delbert discussed the possibility of conducting information interviews on key issues identified (Senior employment).

3. Membership: Not discussed held over for January 2020 meeting (tabled)
   - Orientation and Handbook:
     - Regina Silbert
     - Barbara Price
     - Laura McMichael-Cady

4. Ombudsman Update
   - Contract
   - Structure

   AAA Director reported the Ombudsman contract was executed and the new provider, Ombudsman Services of Contra Costa, Solano, and Alameda officially begins on November 1 with support from AAA and will solely take over the program on December 1.
5. Signature Event: Event, Location, and Date: *Tabled until the subcommittee, Public Relations, reconvenes.*

6. Future Discussion Items: *Tabled discussions will carry over to the January 2020 meeting.*
AGENDA

ADVISORY COMMISSION ON AGING

Legislative Advocacy Committee (LAC)
Monday January 13, 2020

IMMEDIATELY AFTER COMMISSION MEETING

1. Call to Order

2. Approval of Minutes

3. LAC Priorities: 2019-20

4. CSL Update

5. Legislative Bills – Lorena
   a. Current bills, including Public Charge

6. Council for Age Friendly Communities Updates

7. Senior Services Coalition Update
   • Master Plan on Aging
   • Making A Difference Conference

8. Other Federal, State and Local Issues and Updates
   • OAA Reauthorization

9. Other agenda and next meeting agenda
Commissioners Present: Donna Ireland, Howard Kirsch

Members Present: Lorena Briseno

Staff Present: Mary Louise Zernicke

CSL Members Present: None

1. Call to Order: The meeting was called to order at 11:50. The November Agenda was distributed and approved.

2. October minutes were approved (Briseno/Ireland) Howard Kirsch chaired the meeting because Helen Buckholz was absent.

3. Discussion about the LAC priorities for 19-20 included the following:

   - Keep increasing funding for programs as a goal.
   - Keep food security as a goal.
   - Keep housing support as a goal.
   - Add language that supports advocacy for reducing income disparity and bring up the bottom folks on the income scale.
   - Add language to advocate for employment for older adults, based on the surveys received by the AAA.

   Lorena will draft language for these goals that is compatible with Alameda County Vision 2026 and send to the group for review.

4. Since CSL was discussed and Mary Louise did a short presentation to the full ACA, no additional time was needed at LAC. Mary Louise noted that she did contact Janice Bailey at CSL but did not hear back from her.

5. A. Lorena noted the introduction of the SSI Restoration Act in the legislature, SB 2753. The County supports this bill. Mary Louise shared info on this issue that was sent from Justice in Aging.

   B. Alameda County supports the Older Americans Act (OAA) reauthorization.
C. The Trump administration has issued a proclamation stating that immigrants and visa holders must all show proof of health/medical insurance within 48 hours upon entering the USA. There is active opposition and it is not clear what will happen.

D. The injunctions against the Public Charge rule are holding fast and it currently does not appear that the Trump administration will get this passed.

E. The proposed bill from Alameda County regarding verification of medical deductions for SSI clients applying to CalFresh has gone to the County Welfare Directors Association of California (CWDA) and is expected to move forward and find one or more sponsors.

6. The Master Plan on Aging meeting in Sacramento was being held as the ACA was meeting. Hopefully, there will be minutes or power point info on the meeting content.

7. The Senior Services Coalition (SSC) hoisted their annual conference, Making a Difference, on November 1. Lorena, Howard, and Mary Louise attended and found it valuable.

8. The Older Americans Act reauthorization has passed the house but the senate has still not passed a budget. The house version provides additional funding for OAA services. There was a continuing resolution in the senate

Legislative Priorities 3-12-18

1. Protect funding for State Health Insurance Assistance Program (SHIP, known as HICAP in California).

2. Protect and increase funding for Area Agency on Aging (AAA) Programs.

2+. Reduce nutrition insecurity for seniors.

3. Protect and increase funding available to develop and support affordable, accessible, and integrated housing options for seniors and persons with disabilities.

3+. Protect and enhance support to preserve housing and prevent eviction for seniors and dependent adults who are victims of abuse or neglect.
1. Call to order meeting.

2. Discuss potential 2020 Commissioner Site Visits.

3. Continued discussion on “Signature Event”.

4. Senior Update Newsletter: Jan-Feb-Mar 2020 Edition

5. Future article topics and article contributors.

6. Final comments. Next meeting is on February 20th before the full Commission meeting.

7. Adjournment.
No meeting was held as some Commissioners and staff were unable to attend.
AGENDA

ADVISORY COMMISSION ON AGING

HEALTH & SAFETY COMMITTEE

Monday, January 13, 2020

IMMEDIATELY AFTER COMMISSION MEETING

1. Call to order.

2. Roll Call (Sign in sheet)

3. Consent Calendar
   A. Review of Agenda
   B. Approval of Minutes

4. Update on “Whistle Project”

5. Discussion on the next step of the Committee

5. Other

Adjournment
MINUTES

ADVISORY COMMISSION ON AGING

Health & Safety Committee
Monday, November 4, 2019

No meeting was held.