



# April 2005

SUN                      MON                      TUE                      WED                      THU                      FRI                      SAT

It's up to you  
to keep chil-  
dren safe—  
Don't Walk  
Away.

<sup>1</sup>  
Put a list of important  
numbers next to each  
other in your house.  
Make sure it can be  
found quickly if  
needed

<sup>2</sup>  
Let your child know  
How much you care.  
Tell them "I am glad  
you are my  
son/daughter  
Because..."

<sup>3</sup>  
Teach your children how  
to call 911 for help in  
case of an emergency

<sup>4</sup>  
Bake cookies with your  
children.

<sup>5</sup>  
Does your child have  
access to the inter-  
net? Review safety  
practices with your  
child.

<sup>6</sup>  
Read a book with your  
child.

<sup>7</sup>  
Educate yourself—  
learn the signs of  
abuse and neglect,  
visit [www.accapc.com](http://www.accapc.com)

<sup>8</sup>  
Have a family game  
night

<sup>9</sup>  
Check your house for  
safety risks to your  
child.

<sup>10</sup>  
Make dinner with the  
entire family

<sup>11</sup>  
Tell your child you love  
him/her.

<sup>12</sup>  
Make up a bedtime  
story with your child  
as the main character

<sup>13</sup>  
Practice "what if"  
situations with your  
child to prepare them  
for threatening situa-  
tions.

<sup>14</sup>  
Go for a walk with  
your child.

<sup>15</sup>  
Practice with young  
children to make sure  
they know their name,  
address and phone  
number.

<sup>16</sup>  
Spend a few minutes  
alone with each of  
your children.

<sup>17</sup>  
Have your child tell you  
a bed time story.

<sup>18</sup>  
Look at family pictures  
and tell your family  
history.

<sup>19</sup>  
Praise your child for a  
job well done.

<sup>20</sup>  
Sing songs with your  
child while you do  
chores or get ready in  
the morning,

<sup>21</sup>  
Give your child a hug.

<sup>22</sup>  
Educate yourself,  
review positive par-  
enting skills, and/or  
child development  
materials on the inter-  
net or in parenting  
magazines

<sup>23</sup>  
Review with your child  
what to do if they get  
lost or separated from  
you.

<sup>24</sup>  
Explore your house with  
a flashlight.

<sup>25</sup>  
Play dress up with your  
child, let them choose  
costumes for you.

<sup>26</sup>  
Have your child help  
you clean a room, hide  
a special treat for  
them to find.

<sup>27</sup>  
Check your children's  
toys and clothes to  
make sure there are  
no choking hazards or  
sharp broken pieces.

<sup>28</sup>  
Trace your child's  
handprint and have  
them trace yours.

<sup>29</sup>  
Have an indoor or  
outdoor picnic.

<sup>30</sup>  
Color or finger paint  
with your child.

## April 2005 Parent Activity Calendar

**Alameda County Child Abuse  
Prevention Council**

*"Child Abuse Is Everybody's  
Business"*

Eden Multi-Service Center  
24100 Amador  
Hayward, Ca. 94544

Phone: 510-780-8989  
Fax: 510-780-8710  
E-mail: [Bormaj@acgov.org](mailto:Bormaj@acgov.org)  
Web site: [www.accapc.com](http://www.accapc.com)

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